

Ballston Spa High School

(G) MOD9 Cross Country

Coaches:

- Tim Moseman, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 18, 2021	Sat	Regular Season (17th Annual Queensbury-Adirondack Cross Country Classic Invitational)	South Glens Falls, Shaker High School, Glens Falls, Burnt Hills-Ballston Lake HS, Saratoga Springs High School @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	Departure Point: with boys	NL
Sep 22, 2021	Wed	Regular Season	Shaker High School @ Niskayuna High School (Modified)	5:00 PM	5:55 PM	Iroquois Middle School	Departure Point: ride with boys	L
Sep 29, 2021	Wed	Regular Season	@ Schenectady High School (Modified)	4:15 PM	5:55 PM	Central Park	Departure Point: ride with boys	L
Oct 6, 2021	Wed	Regular Season	Colonie High School @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course	Departure Point: ride with boys	L
Oct 13, 2021	Wed	Regular Season	Guilderland High School, Shenendehowa High School, Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga State Park	Departure Point: with boys	L
Oct 16, 2021	Sat	Regular Season (Burnt Hills Invy)	Schenectady High School (Modified), South Glens Falls, Queensbury, Saratoga Springs High School, Shaker High School, TBD @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park	Departure Point: ride with boys	L
Oct 20, 2021	Wed	Regular Season	Averill Park High School, Bethlehem High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	BH- BL HS	Departure Point: ride with boys	L
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	12:00 PM	2:55 PM	Saratoga Spa State Park	Departure Point: ride with boys	NL

Date: 2024-05-02