

Ballston Spa High School

(G) MOD9 Cross Country

Coaches:

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Tim Moseman, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 4, 2023	Wed	Regular Season	Shenendehowa High School, Shaker High School, Bethlehem High School	4:30 PM	6:10 PM	Ballston Spa Track		L

Date: 2024-05-05