

# Ballston Spa High School

## (G) V Cheerleading (Competitive)

### Coaches:

- Jessica Decker, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 18, 2020	Sat	Regular Season (Battle of the Bows)	Shaker High School (Competitive), Averill Park High School (Competitive), Colonie High School (Competitive), Schoharie, Saratoga Springs High School (Competitive) @ Burnt Hills-Ballston Lake HS (Competitive)	8:00 AM		BH-BL HS Gym	<b>Departure Time:</b> 9:00 AM <b>Return Date:</b> <b>Return Time:</b> 12:45 PM	NL
Jan 25, 2020	Sat	Regular Season (Queens of the North Competition)	Schuylerville (Winter), Niskayuna High School (Competitive), Bethlehem High School (Competitive), Colonie High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Guilderland High School, Albany High School (Competitive) @ Saratoga Springs High School (Competitive)	8:30 AM	4:45 PM	Saratoga Springs High School		NL
Jan 26, 2020	Sun	Regular Season	Saratoga Springs High School (Competitive), Ballston Spa High School (Competitive), Ravena-Coeymans, Schoharie, Burnt Hills-Ballston Lake HS (Competitive), TBD @ Bethlehem High School (Competitive)	10:00 AM		High School Gym B		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 1, 2020	Sat	Regular Season (Suburban Council )	Albany High School (Competitive), Averill Park High School (Competitive), Niskayuna High School (Competitive), Schenectady High School (Competitive Cheer), Shaker High School (Competitive), Bethlehem High School (Competitive), Shenendehowa High School (Competitive), Colonie High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Guilderland High School @ Saratoga Springs High School (Competitive)	10:00 AM	4:30 PM	Saratoga Springs High School		L
Feb 2, 2020	Sun	Regular Season	Shaker High School (Competitive), Ballston Spa High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Burnt Hills-Ballston Lake HS (Competitive) @ Scotia-Glenville	10:00 AM		Scotia Glenville High School		NL
Feb 5, 2020	Wed	Meet (Shaker Sweetheart Classic)	Vs. Multiple	4:00 PM		Shaker High School- H Gym	<b>Departure Time:</b> 2:45 PM	NL
Feb 8, 2020	Sat	Regular Season	Shenendehowa High School (Competitive), Saratoga Springs High School (Competitive), Shaker High School (Competitive), Guilderland High School, Albany High School (Competitive) @ Colonie High School (Competitive)	11:00 AM	4:00 PM	Colonie High School MUG (Main Gymnasium)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 9, 2020	Sun	Regular Season	Hoosick Falls, Colonie High School (Competitive), Colonie High School (Competitive), Saratoga Springs High School (Competitive), Saratoga Springs High School (Competitive), Shaker High School (Competitive), Guilderland High School, Guilderland High School, Ballston Spa High School (Competitive), Niskayuna High School (Competitive), Bethlehem High School (Fall), Greenville, Albany High School (Competitive), Averill Park High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Burnt Hills-Ballston Lake HS (Competitive), TBD, Broadalbin-Perth (Competitive Cheer), Shaker High School (Competitive), Cohoes, Greenwich, Middleburgh, Moriah, Stillwater (Fall), Troy (Fall), Ravena-Coeymans @ Columbia High School (Competitive)	10:00 AM	3:45 PM	Columbia H.S.		L
Feb 9, 2020	Sun	Meet (Devil Nation Cheer Competition)	Vs. Multiple	10:00 AM	6:30 PM	Columbia H.S.		NL
Feb 15, 2020	Sat	Meet (Midnight Madness)	Vs. Multiple	4:00 PM		Pat Riley Sports Center- Main Gym	<b>Departure Time:</b> 5:30 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 22, 2020	Sat	Regular Season (Competition)	Schuylerville (Winter), Shenendehowa High School (Competitive), Saratoga Springs High School (Competitive), Colonie High School (Competitive), Guilderland High School, Burnt Hills-Ballston Lake HS (Competitive), TBD, Greenwich, Shaker High School (Competitive)	10:00 AM		Ballston Spa High School Gym		NL
Feb 29, 2020	Sat	Post-Season (Sectionals @ Saratoga )	Schuylerville (Winter), Shenendehowa High School (Competitive), Albany High School (Competitive), Averill Park High School (Competitive), Niskayuna High School (Competitive), Schenectady High School (Competitive Cheer), Shaker High School (Competitive), Bethlehem High School (Competitive), Colonie High School (Competitive) @ Saratoga Springs High School (Competitive)	10:00 AM		Saratoga Springs High School	Departure Time: 8:15 AM	NL
Mar 5, 2020	Thu	Practice	N/A	TBD		TBD		
Mar 7, 2020	Sat	Post-Season (State Championships - Rochester Institute of Technology, Rochester)	@ TBD	TBD		TBD		L

Date: 2025-12-08