

Ballston Spa High School

(B) V Wrestling

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2023	Sat	Practice	N/A	9:30 AM	11:00 AM	Shendehowa High School	Departure Time: 9:00 AM	
Nov 24, 2023	Fri	Practice	N/A	10:00 AM		Niskayuna High School	Departure Time: 9:00 AM	
Nov 29, 2023	Wed	Regular Season 27-42 L	Averill Park High School	6:00 PM	7:30 PM	Ballston Spa High School Gym		L
Dec 2, 2023	Sat	Regular Season (Ballston Spa Duals)	Hudson Falls	9:00 AM		Ballston Spa High School Gym		NL
Dec 2, 2023	Sat	Meet (Ballston Spa Varsity Tournament)	Vs. Multiple	9:00 AM		Ballston Spa High School Gym		NL
Dec 6, 2023	Wed	Regular Season 28-36 L	@ Columbia High School	6:00 PM	7:30 PM	Columbia H.S.	Departure Time: 3:45 PM	L
Dec 13, 2023	Wed	Regular Season 34-37 L	Burnt Hills-Ballston Lake HS	6:00 PM	7:30 PM	Ballston Spa High School Gym		L
Dec 16, 2023	Sat	Regular Season (Montgomery County Duals Meet)	@ Amsterdam (Amsterdam)	TBD		Amsterdam High School Gym	Departure Time: 6:20 AM	L
Dec 20, 2023	Wed	Regular Season	@ Schenectady High School (Varsity Wrestling)	6:00 PM	7:30 PM	Pat Riley Sports Center- Main Gym	Departure Time: 4:15 PM	L
Dec 28, 2023	Thu	Regular Season (Mountain Duals)	Hudson Falls, Central Valley Academy, Saranac @ Johnstown (Fonda/Johnstown)	9:00 AM		Johnstown HS Lower Gymnasium	Departure Time: 6:30 AM	NL
Dec 29, 2023	Fri	Regular Season (Mountain Duals)	Hudson Falls, Central Valley Academy, Saranac @ Johnstown (Fonda/Johnstown)	9:00 AM		Johnstown HS Lower Gymnasium		NL
Jan 6, 2024	Sat	Regular Season (Saratoga Invitational 7:30am Weigh-Ins)	Albany High School, Whitehall (Granville/Whitehall) @ Saratoga Springs High School	9:00 AM	5:00 PM	Saratoga Springs High School	Departure Time: 7:00 AM	NL
Jan 10, 2024	Wed	Regular Season	Bethlehem High School	6:00 PM	7:30 PM	Ballston Spa High School Gym		L
Jan 12, 2024	Fri	Regular Season (Eastern States Wrestling Classic)	@ TBD	TBD		TBD		L
Jan 13, 2024	Sat	Regular Season (Schenectady Invitational)	Albany High School, Shenendehowa High School, Niskayuna High School, Colonie High School, Saratoga Springs High School, Shaker High School, Burnt Hills-Ballston Lake HS @ Schenectady High School (Varsity Wrestling)	7:00 AM		Pat Riley Sports Center- Main Gym	Departure Time: 6:45 AM	NL

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Jan 13, 2024	Sat	Regular Season (Eastern States Classic)	@ TBD	TBD		TBD		L
Jan 15, 2024	Mon	Practice	N/A	8:30 AM	10:00 AM	Johnstown High School		
Jan 17, 2024	Wed	Regular Season	@ Shenendehowa High School	6:00 PM		Shen High School East Gym 1 (Main)	Departure Time: 4:30 PM	L
Jan 20, 2024	Sat	Regular Season (Beacon Tournament)	@ TBD	9:15 AM		TBD	Departure Point: charter	L
Jan 23, 2024	Tue	Regular Season 22-49 L	Saratoga Springs High School	6:00 PM	7:30 PM	Ballston Spa High School Gym		L
Jan 25, 2024	Thu	Regular Season	@ Niskayuna High School	6:00 PM		Niskayuna High School	Departure Point: with jv	L
Feb 3, 2024	Sat	Post-Season (Sectionals @ Colonie)	@ TBD	TBD		TBD	Departure Time: 6:45 AM	L
Feb 10, 2024	Sat	Post-Season (Section 2 Championships)	@ TBD	TBD		Cooling Insurance Arena	Departure Time: 6:30 AM	L
Feb 13, 2024	Tue	Practice	N/A	TBD		TBD	Departure Time: 3:00 PM	
Feb 14, 2024	Wed	Practice	N/A	TBD		TBD	Departure Time: 3:00 PM	
Feb 15, 2024	Thu	Practice	N/A	TBD		TBD	Departure Time: 3:00 PM	
Feb 16, 2024	Fri	Practice	N/A	TBD		TBD	Departure Time: 3:00 PM	
Feb 17, 2024	Sat	Practice	N/A	TBD		TBD	Departure Time: 8:20 AM	
Feb 23, 2024	Fri	Post-Season (State Championships - MVP Arena)	@ TBD	TBD		TBD		L
Feb 24, 2024	Sat	Post-Season (State Championships - MVP Arena)	@ TBD	TBD		TBD		L

Date: 2025-12-15