

Ballston Spa High School

(B) V Wrestling

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 19, 2022	Sat	Practice	N/A	TBD		TBD	Departure Time: 9:10 AM	
Nov 30, 2022	Wed	Regular Season 57-16 W	Guilderland High School	6:00 PM	8:00 PM	Ballston Spa High School Gym		NL
Dec 3, 2022	Sat	Regular Season (Ballston Spa Dual Meet Tournament)	TBD, Tamarac, Whitehall (Whitehall), Ichabod Crane, Beekmantown, Guilderland High School, Newburgh HS, Maple Hill, Schalmont, Berne-Knox-Westerlo, Watervliet, Christian Brothers Academy, Albany	7:00 AM		Ballston Spa High School Gym		NL
Dec 3, 2022	Sat	Regular Season (Ballston Spa Tournament)	Warrensburg (Warrensburg/Lake George)	9:00 AM		Ballston Spa High School Gym		NL
Dec 3, 2022	Sat	Meet (Varsity Wrestling Tournament)	Vs. Multiple	9:00 AM		Ballston Spa High School Gym		NL
Jan 4, 2023	Wed	Regular Season 56-15 W	Columbia High School	6:00 PM	8:55 PM	Ballston Spa High School Gym		L
Jan 11, 2023	Wed	Regular Season 47-14 W	Averill Park High School	6:00 PM	8:55 PM	Ballston Spa High School Gym		L
Jan 17, 2023	Tue	Post-Season (Dual Meet Championships)	Saratoga Springs High School, Burnt Hills-Ballston Lake HS, Shenendehowa High School	6:00 PM		Ballston Spa High School Gym		L
Jan 18, 2023	Wed	Regular Season	Bethlehem High School	6:00 PM	8:55 PM	Ballston Spa High School Gym		L

Date: 2023-06-05