

# Ballston Spa High School

## (B) V Winter Track

### Coaches:

- Garry Preece, Head Coach
- Theresa Rousseau, Asst Coach
- Joe McClements

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 8, 2019	Sun	Regular Season (League Meet 1F)	Christian Brothers Academy, Albany, Cohoes, Hoosic Valley, Maple Hill, Watervliet @ Tamarac	1:45 PM		Hudson Valley CC			L
Dec 8, 2019	Sun	Regular Season (League Meet)	@ TBD	1:45 PM		Hudson Valley Community College	<b>Departure Time:</b> 12:15 PM		L
Dec 15, 2019	Sun	Regular Season (League Meet)	@ TBD	1:45 PM		Hudson Valley Community College	<b>Departure Time:</b> 12:15 PM		L
Dec 21, 2019	Sat	Regular Season (League Meet)	@ TBD	1:45 PM		Union College	<b>Departure Time:</b> 12:15 PM		L
POSTPONED Dec 27, 2019	Fri	Regular Season (League Meet)	@ TBD	1:45 PM		Union College	<b>Departure Time:</b> 12:15 PM		L
CANCELLED Dec 27, 2019	Fri	Regular Season (League Meet 4C/D)	Albany High School, Hoosic Valley, Ichabod Crane, Guilderland High School, Saratoga Springs High School, Scotia-Glenville, Voorheesville, Watervliet @ Tamarac	1:45 PM	6:00 PM	Union College			L
Dec 29, 2019	Sun	Regular Season (Utica Invitational - at Utica College )	@ TBD	TBD		TBD	<b>Bus/Driver:</b> charter		L
Jan 5, 2020	Sun	Regular Season (Springfield Invitational - at Springfield College )	@ TBD	TBD		TBD	<b>Bus/Driver:</b> charter		L
POSTPONED Jan 11, 2020	Sat	Regular Season (League Meet)	@ TBD	8:00 AM		Union College	<b>Departure Time:</b> 6:30 AM		L
Jan 18, 2020	Sat	Regular Season (New Balance Track & Field Event at Armory in NYC)	@ TBD	TBD		TBD	<b>Bus/Driver:</b> Charter		L
Jan 19, 2020	Sun	Regular Season (League Meet)	@ TBD	1:45 PM		Hudson Valley Community College	<b>Departure Time:</b> 12:45 PM		L
Jan 24, 2020	Fri	Regular Season (Utica Invitational)	@ TBD	TBD		TBD			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 26, 2020	Sun	Regular Season (Freshman Championships )	@ TBD	8:00 AM		Hudson Valley Community College	<b>Bus/Driver:</b> Will need second bus at 2pm to HVCC	<b>Departure Time:</b> 8:45 AM	L
Feb 6, 2020	Thu	Post-Season (Throwers - SSC Championships at Shen)	@ TBD	4:30 PM		TBD		<b>Departure Point:</b> old bus garage <b>Departure Time:</b> 3:30 PM	L
Feb 9, 2020	Sun	Regular Season (Suburbans )	@ TBD	8:00 AM		University at Albany		<b>Departure Time:</b> 6:30 AM	L
Feb 17, 2020	Mon	Regular Season (Sectionals at University at Albany )	@ TBD	TBD		University at Albany		<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> <b>Return Time:</b> 1:00 PM	L
Feb 23, 2020	Sun	Post-Season (State Qualifiers)	@ TBD	TBD		University at Albany		<b>Departure Point:</b> ride with girls	L
Mar 7, 2020	Sat	Post-Season (State Championships - Ocean Breeze, Staten Island )	@ TBD	TBD		TBD			L

Date: 2024-05-19