

Ballston Spa High School

(G) V Winter Track

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Dec 8, 2018	Sat	Regular Season (League Meet)	@ TBD	8:00 AM	1:30 PM	Union College	Bus/Driver: ride with boys	L
Dec 15, 2018	Sat	Regular Season (League Meet)	@ TBD	8:00 AM	1:30 PM	Union College	Bus/Driver: ride with boys	L
Dec 22, 2018	Sat	Regular Season (League Meet)	@ TBD	8:00 AM	1:30 PM	Hudson Valley Community College	Bus/Driver: ride with boys	L
Dec 26, 2018	Wed	Regular Season (League Meet)	@ TBD	1:45 PM	7:15 PM	Hudson Valley Community College	Bus/Driver: ride with boys	L
Dec 29, 2018	Sat	Regular Season (League Meet)	@ TBD	8:00 AM	1:30 PM	Hudson Valley Community College	Bus/Driver: ride with boys	L
Jan 5, 2019	Sat	Regular Season (Ocean Breeze Invitational)	@ TBD	9:00 AM	7:15 PM	TBD	Bus/Driver: Charter	L
Jan 5, 2019	Sat	Regular Season (League Meet)	@ TBD	1:45 PM	7:15 PM	Union College	Bus/Driver: ride with boys	L
POSTPONED Jan 19, 2019	Sat	Regular Season (Utica Invitational)	@ TBD	9:00 AM	7:15 PM	TBD	Bus/Driver: Charter	L
Jan 26, 2019	Sat	Meet (SSC Frosh Championships)	Vs. Multiple	8:00 AM		Union College	Departure Time: 6:30 AM	NL
Feb 3, 2019	Sun	Meet (SSC Championships)	Vs. Multiple	8:00 AM		SUNY Albany	Departure Time: 6:15 AM Return Date: Return Time: 2:30 PM	NL
Feb 17, 2019	Sun	Post-Season (Sectionals)	@ TBD	8:00 AM	2:00 PM	University at Albany	Departure Time: 6:30 AM	L
Feb 24, 2019	Sun	Post-Season (State qualifiers)	@ TBD	1:45 PM	7:15 PM	University at Albany	Bus/Driver: ride with boys Departure Point: ride with boys	L

Date: 2026-02-09