

# Ballston Spa High School

## (G) V Winter Track

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 8, 2018	Sat	Regular Season (League Meet)	@ TBD	8:00 AM	1:30 PM	Union College	<b>Bus/Driver:</b> ride with boys		L
Dec 15, 2018	Sat	Regular Season (League Meet)	@ TBD	8:00 AM	1:30 PM	Union College	<b>Bus/Driver:</b> ride with boys		L
Dec 22, 2018	Sat	Regular Season (League Meet)	@ TBD	8:00 AM	1:30 PM	Hudson Valley Community College	<b>Bus/Driver:</b> ride with boys		L
Dec 26, 2018	Wed	Regular Season (League Meet)	@ TBD	1:45 PM	7:15 PM	Hudson Valley Community College	<b>Bus/Driver:</b> ride with boys		L
Dec 29, 2018	Sat	Regular Season (League Meet)	@ TBD	8:00 AM	1:30 PM	Hudson Valley Community College	<b>Bus/Driver:</b> ride with boys		L
Jan 5, 2019	Sat	Regular Season (Ocean Breeze Invitational)	@ TBD	9:00 AM	7:15 PM	TBD	<b>Bus/Driver:</b> Charter		L
Jan 5, 2019	Sat	Regular Season (League Meet)	@ TBD	1:45 PM	7:15 PM	Union College	<b>Bus/Driver:</b> ride with boys		L
POSTPONED Jan 19, 2019	Sat	Regular Season (Utica Invitational)	@ TBD	9:00 AM	7:15 PM	TBD	<b>Bus/Driver:</b> Charter		L
Jan 26, 2019	Sat	Meet (SSC Frosh Championships)	Vs. Multiple	8:00 AM		Union College		<b>Departure Time:</b> 6:30 AM	NL
Feb 3, 2019	Sun	Meet (SSC Championships)	Vs. Multiple	8:00 AM		SUNY Albany		<b>Departure Time:</b> 6:15 AM <b>Return Date:</b> <b>Return Time:</b> 2:30 PM	NL
Feb 17, 2019	Sun	Post-Season (Sectionals )	@ TBD	8:00 AM	2:00 PM	University at Albany		<b>Departure Time:</b> 6:30 AM	L
Feb 24, 2019	Sun	Post-Season (State qualifiers)	@ TBD	1:45 PM	7:15 PM	University at Albany	<b>Bus/Driver:</b> ride with boys	<b>Departure Point:</b> ride with boys	L

Date: 2026-02-09