

Ballston Spa High School

(B) V Swimming/Diving

Coaches:

- Matt Nafus, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2024	Tue	Regular Season 96-74 W	@ Glens Falls	4:30 PM		Glens Falls High School Pool	Departure Time: 3:15 PM	L
Dec 5, 2024	Thu	Regular Season 90-72 W	@ Queensbury	4:30 PM		Queensbury Elem. School Pool	Departure Time: 3:00 PM	L
Dec 10, 2024	Tue	Regular Season 76-96 L	@ Saratoga Springs High School	4:30 PM	5:55 PM	Skidmore	Departure Time: 3:05 PM	L
Dec 12, 2024	Thu	Regular Season 94-69 W	Fonda-Fultonville (Fonda/Johnston)	4:30 PM		Ballston Spa High School pool		L
Dec 14, 2024	Sat	Regular Season (Shen Invy)	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Albany High School, Burnt Hills-Ballston Lake HS, Niskayuna High School, Shaker High School, Colonie High School (Schenectady-Colonie), Bethlehem High School @ Shenendehowa High School	9:00 AM		Shen Aquatic Center	Departure Time: 11:00 AM	L
Dec 17, 2024	Tue	Regular Season 93-90-90 W	Colonie High School (Schenectady-Colonie) @ Schenectady High School (Schenectady/Colonie Boys Varsity Swimming)	4:30 PM	5:55 PM	Pat Riley Sports Center-Pool	Departure Time: 3:05 PM	L
Dec 17, 2024	Tue	Regular Season 93-90 W	@ Colonie High School (Schenectady-Colonie)	4:30 PM	5:55 PM	Pat Riley Sports Center		L
Dec 19, 2024	Thu	Regular Season 75-100 L	Shenendehowa High School	4:30 PM	5:55 PM	Ballston Spa High School pool		L
Jan 4, 2025	Sat	Regular Season (Schenectady Invitational)	Albany High School, Shaker High School, Colonie High School (Schenectady-Colonie), Burnt Hills-Ballston Lake HS @ Schenectady High School (Schenectady/Colonie Boys Varsity Swimming)	9:00 AM	4:00 PM	Pat Riley Sports Center-Pool	Departure Time: 8:15 AM	L
Jan 7, 2025	Tue	Regular Season 79-84 L	Troy (Troy/CBA)	4:30 PM	5:55 PM	Ballston Spa High School pool		L
Jan 14, 2025	Tue	Regular Season 81-90 L	Niskayuna High School	4:30 PM	5:55 PM	Ballston Spa High School pool		L
Jan 21, 2025	Tue	Regular Season 95-64 W	@ Albany High School	4:30 PM	5:55 PM	Albany High School Pool	Departure Time: 3:05 PM	L
Jan 28, 2025	Tue	Regular Season 68-100 L	Burnt Hills-Ballston Lake HS	4:30 PM	5:55 PM	Ballston Spa High School pool		L

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Jan 30, 2025	Thu	Regular Season 79-92 L	@ Guilderland High School (Guilderville)	4:30 PM	5:55 PM	Voorheesville High School Pool	Departure Time: 2:45 PM	L
Feb 4, 2025	Tue	Regular Season 98-82 W	Ravena-Coeymans	4:30 PM		Ballston Spa High School pool		L
Feb 8, 2025	Sat	Regular Season (Last chance meet)	Amsterdam (Amsterdam/Broadalbin-Perth), Bethlehem High School	9:00 AM		Ballston Spa High School pool		NL
Feb 14, 2025	Fri	Post-Season (Sectionals at Shen)	@ TBD	TBD		Shenendehowa Aquatic Center	Departure Time: 12:30 PM	L
Feb 15, 2025	Sat	Post-Season (Sectionals)	@ TBD	TBD		Shenendehowa Aquatic Center	Departure Time: 12:30 PM	L

Date: 2025-12-05