## **Ballston Spa High School**

## (B) V Swimming/Diving

## Coaches:

• Matt Nafus, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 13, 2022	Tue	Regular Season	@ Colonie High School (Schenectady-Colonie)		5:55 PM	Pat Riley Sports Center		L
Dec 13, 2022	Tue	Regular Season 130-157 L	@ Schenectady High School (Schenectady/Colonie Boys Varsity Swimming)	4:30 PM	5:55 PM	Pat Riley Sports Center- Pool	<b>Departure Time:</b> 3:15 PM	L
Dec 17, 2022	Sat	Regular Season (SHEN HOLIDAY INVITATIONAL)	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Colonie High School (Schenectady- Colonie), Burnt Hills- Ballston Lake HS, Niskayuna High School, New Hartford, Shaker High School, Saratoga Springs High School @ Shenendehowa High School	9:00 AM		Shen Aquatic Center	<b>Departure Time:</b> 10:45 AM	L
Dec 19, 2022	Mon	Regular Season 95-71 W	@ Queensbury	4:30 PM		Queensbury Elem. School Pool	<b>Departure Time:</b> 2:45 PM	NL
Jan 4, 2023	Wed	Regular Season 75-98 L	Albany High School	4:30 PM	5:55 PM	Ballston Spa High School Gym		L
Jan 10, 2023	Tue	Regular Season 73-89 L	Burnt Hills-Ballston Lake HS	4:30 PM	5:55 PM	Ballston Spa High School Gym		L
Jan 10, 2023	Tue	Regular Season	Scotia-Glenville	4:30 PM		Ballston Spa High School Gym		L
Jan 17, 2023	Tue	Regular Season 74-99 L	Saratoga Springs High School	4:30 PM		Ballston Spa High School Gym		NL
Jan 27, 2023	Fri	Regular Season 99-80 W	Johnstown (Fonda/Johnstown)	5:00 PM		Ballston Spa High School Gym		NL
Jan 31, 2023	Tue	Regular Season 74-91 L	@ Niskayuna High School	TBD		Niskayuna High School	<b>Departure Time:</b> 3:15 PM	NL
Feb 2, 2023	Thu	Regular Season 39-53 L	@ Troy (Troy/CBA)	4:30 PM	6:00 PM	Troy HS Pool	<b>Departure Time:</b> 3:10 PM	L
Feb 7, 2023	Tue	Regular Season 88-82 W	Shaker High School	4:30 PM		Ballston Spa High School Gym		NL
Feb 17, 2023	Fri	Post-Season (Sectionals)	@ TBD	3:00 PM		Shenendehowa Aquatic Center	<b>Departure Time:</b> 12:45 PM	L
Feb 18, 2023	Sat	Post-Season (Sectionals)	@ TBD	3:00 PM		Shenendehowa Aquatic Center	<b>Departure Time:</b> 12:45 PM	L

Date: 2025-12-20