

# Ballston Spa High School

## (B) V Swimming/Diving

### Coaches:

- Matt Nafus, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 8, 2021	Wed	Regular Season 92-75 W	Canajoharie	5:00 PM		Ballston Spa High School Gym		L
Dec 14, 2021	Tue	Regular Season 94-86 W	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming)	4:30 PM	5:55 PM	Ballston Spa High School Gym		L
Dec 16, 2021	Thu	Regular Season 72-103 L	@ Saratoga Springs High School	4:30 PM		Skidmore	<b>Departure Time:</b> 3:15 PM	L
Dec 18, 2021	Sat	Regular Season (SHEN INVITATIONAL )	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Niskayuna High School, Albany High School, Shaker High School, Saratoga Springs High School @ Shenendehowa High School	9:00 AM		Shen Aquatic Center	<b>Departure Time:</b> 10:45 AM	L
Dec 21, 2021	Tue	Regular Season 106-44 W	Troy (Troy/CBA)	4:30 PM	5:55 PM	Ballston Spa High School Gym		L
Jan 4, 2022	Tue	Regular Season 75-98 L	@ Albany High School	4:30 PM	5:55 PM	Albany High School Pool	<b>Departure Time:</b> 3:30 PM	L
Jan 11, 2022	Tue	Regular Season 73-86 L	@ Burnt Hills-Ballston Lake HS	4:30 PM	5:55 PM	BH-BL HS Pool	<b>Departure Time:</b> 3:45 PM	L
Jan 13, 2022	Thu	Regular Season 91-87 W	@ Hudson Falls (Hudson Falls/So. Glens Falls)	4:30 PM		Hudson Falls Middle School	<b>Departure Time:</b> 3:00 PM	NL
Jan 20, 2022	Thu	Regular Season 72-90 L	@ Johnstown (Fonda/Johnstown)	5:00 PM		Johnstown Pool	<b>Departure Time:</b> 3:15 PM	NL
Jan 27, 2022	Thu	Regular Season 67-101 L	@ Shaker High School	4:15 PM		Shaker High School Pool	<b>Departure Time:</b> 3:00 PM	L
Feb 1, 2022	Tue	Regular Season 77-96 L	Niskayuna High School	4:30 PM		Ballston Spa High School Gym		L
Feb 18, 2022	Fri	Post-Season (SECTIONALS)	Shaker High School, Albany High School, Niskayuna High School @ Shenendehowa High School	9:00 AM		Shen Aquatic Center	<b>Departure Time:</b> 2:15 PM	L
Feb 19, 2022	Sat	Post-Season (SECTIONALS)	Shaker High School, Albany High School, Niskayuna High School @ Shenendehowa High School	9:00 AM		Shen Aquatic Center	<b>Departure Time:</b> 12:30 PM	L

Date: 2025-12-20