

# Ballston Spa High School

## (G) V Outdoor Track

### Coaches:

- James Gordon, Head Coach
- Benjamin Guerin, Asst Coach
- Matthew Germann, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2025	Wed	Regular Season	Bethlehem High School @ Shaker High School	3:30 PM		Arthur Walker Field- Shaker High School	<b>Departure Time:</b> 2:30 PM	L
Apr 11, 2025	Fri	Regular Season (BP Co-Ed Relays)	Gloversville, Scotia-Glenville, Fonda-Fultonville, Rondout Valley, Amsterdam, Glens Falls @ Broadalbin-Perth	4:00 PM		BPHS Track		NL
POSTPONED Apr 12, 2025	Sat	Regular Season (Niskayuna Invitational )	Albany High School, Schenectady High School (Girls Varsity Track), Colonie High School, Amsterdam, Watervliet, Burnt Hills-Ballston Lake HS @ Niskayuna High School	10:00 AM	3:00 PM	NHS Track		L
Apr 14, 2025	Mon	Regular Season (Thrower's Meet)	Colonie High School, Shenendehowa High School	TBD		Ballston Spa Track		L
Apr 22, 2025	Tue	Regular Season	Guilderland High School	4:15 PM	6:55 PM	Ballston Spa Track		L
Apr 29, 2025	Tue	Regular Season	Niskayuna High School	4:15 PM	6:55 PM	Ballston Spa Track		L
May 3, 2025	Sat	Regular Season (Colonie Relays)	Albany High School, Greenville, Saratoga Springs High School, Cooperstown, Schenectady High School (Girls Varsity Track), Academy of Holy Names, Burnt Hills-Ballston Lake HS, Shaker High School @ Colonie High School	TBD		Colonie High Track	<b>Departure Point:</b> track <b>Departure Time:</b> 10:30 AM	L
May 7, 2025	Wed	Regular Season	Bethlehem High School @ Columbia High School	4:15 PM	6:55 PM	Columbia H.S.	<b>Departure Time:</b> 2:35 PM	L
May 9, 2025	Fri	Regular Season (Shen Invy)	Scotia-Glenville, Colonie High School, Albany High School, Schenectady High School (Girls Varsity Track), Niskayuna High School, Burnt Hills-Ballston Lake HS, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	<b>Departure Point:</b> track <b>Departure Time:</b> 2:30 PM	L
May 13, 2025	Tue	Regular Season	Averill Park High School @ Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	BH-BL HS Track	<b>Departure Time:</b> 2:45 PM	L

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May 17, 2025	Sat	Regular Season (Eddy Meet)	Shenendehowa High School, Shaker High School, Burnt Hills-Ballston Lake HS @ Schenectady High School (Girls Varsity Track)	8:00 AM		Schenectady High School Track & Field	<b>Departure Time:</b> 7:00 AM	NL
May 20, 2025	Tue	Meet (SSC Championships)	Vs. Multiple	3:30 PM	7:55 PM	APHS Track	<b>Departure Time:</b> 1:30 PM	NL
May 28, 2025	Wed	Post-Season (Sectionals at Colonie)	@ TBD	4:00 PM		TBD	<b>Departure Time:</b> 2:30 PM	L
Jun 5, 2025	Thu	Post-Season (State Qualifier at Shen )	@ TBD	TBD		TBD		L
Jun 6, 2025	Fri	Post-Season (State Qualifier - at Shen)	@ TBD	TBD		TBD	<b>Departure Time:</b> 2:30 PM	L
Jun 13, 2025	Fri	Post-Season (State Championships)	TBD	TBD		TBD		L
Jun 14, 2025	Sat	Post-Season (State Championships)	@ TBD	TBD		TBD		L

Date: 2025-12-22