## Ballston Spa High School (G) V Outdoor Track

## Coaches:

- Garry Preece, Head Coach
- Tara Marie Crisafulli, Asst Coach

| DATE                      | WEEK<br>DAY | ТҮРЕ  | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                   | TRANSPORTATION  | LEAGU<br>/ NON-<br>LEAGU |
|---------------------------|-------------|---|--|---------------|-------------|----------------------------|---|--------------------------|
| Apr 1, 2023               | Sat         | Regular Season<br>(Guilderland Track<br>Invitational)                 | @ TBD  | 10:00<br>AM   |             | TBD                        | <b>Departure Time:</b> 8:00 AM                                  | L                        |
| Apr 1, 2023               | Sat         | Regular Season<br>(Guilderland Frigid Cup<br>Invitational)            | Averill Park High<br>School, Bethlehem<br>High School, Catholic<br>Central, Troy, Fair<br>Haven, Ichabod<br>Crane, Shaker High<br>School @ Guilderland<br>High School  | 10:00<br>AM   |             | GHS<br>Track               |   | NL                       |
| Apr 5, 2023               | Wed         | Regular Season  | @ Colonie High<br>School   | 4:15<br>PM    | 6:55<br>PM  | Colonie<br>High<br>Track   | <b>Departure Time:</b> 2:45 PM                                  | L                        |
| Apr 8, 2023               | Sat         | Regular Season<br>(CBA/LaSalle Relays<br>at LaSalle Institute)        | @ TBD  | 9:00<br>AM    |             | TBD                        | <b>Departure Time:</b> 7:00 AM                                  | L                        |
| Apr 10, 2023              | Mon         | Meet (Ballston Spa<br>Field Challenge)                                | Vs. Multiple   | 9:30<br>AM    |             | Ballston<br>Spa Track      |   | NL                       |
| CANCELLED Apr<br>15, 2023 | Sat         | Meet (Ballston Spa<br>Invitational)                                   | Vs. Multiple   | 8:45<br>AM    |             | Ballston<br>Spa Track      |   | NL                       |
| Apr 19, 2023              | Wed         | Regular Season  | Troy, Averill Park High<br>School  | 4:15<br>PM    | 6:55<br>PM  | Ballston<br>Spa Track      |   | L                        |
| Apr 22, 2023              | Sat         | Regular Season<br>(Warrior Classic at<br>Mohonasen High<br>School)    | @ TBD  | TBD           |             | TBD                        | Departure Point:<br>tennis courts<br>Departure Time:<br>7:15 AM | L                        |
| Apr 26, 2023              | Wed         | Regular Season  | Albany High School @<br>Schenectady High<br>School (Girls Varsity<br>Track)  | 4:15<br>PM    | 6:55<br>PM  | Larry<br>Mulvaney<br>Field | <b>Departure Time:</b> 2:45 PM                                  | L                        |
| Apr 29, 2023              | Sat         | Regular Season<br>(Anthony Luciano<br>Memorial Track<br>Invitational) | Coxsackie-Athens, Greenville, Queensbury, South Glens Falls, Glens Falls, Saranac, Burnt Hills-Ballston Lake HS, Schuylerville, Beekmantown, Ausable Valley, Broadalbin-Perth, Lake George, Ichabod Crane, Greenwich, Mount Anthony, Stillwater, Emma Willard, Scotia- Glenville, Taconic Hills @ Hudson Falls | 9:30<br>AM    | 4:00<br>PM  | Hudson<br>Falls HS         | <b>Departure Time:</b> 7:00 AM                                  | NL                       |
| Apr 29, 2023              | Sat         | Regular Season<br>(Loucks Games -<br>White Plains High<br>School)     | @ TBD  | TBD           |             | TBD                        |   | L                        |
| May 2, 2023               | Tue         | Regular Season  | Columbia High School,<br>Burnt Hills-Ballston<br>Lake HS   | 4:15<br>PM    |             | Ballston<br>Spa Track      |   | L                        |
| May 6, 2023               | Sat         | Regular Season<br>(Colonie Relays)                                    | @ TBD  | TBD           |             | TBD                        | <b>Departure Time:</b> 10:00 AM                                 | L                        |

| DATE         | WEEK<br>DAY | ТҮРЕ   | OPPONENTS                    | START<br>TIME | END<br>TIME | LOCATION                  | TRANSPORTATION                         | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|--|------------------------------|---------------|-------------|---------------------------|--|----------------------------|
| May 9, 2023  | Tue         | Regular Season<br>50-127 L   | @ Guilderland High<br>School | 4:15<br>PM    |             | GHS<br>Track              | <b>Departure Time:</b> 2:45 PM         | L                          |
| May 12, 2023 | Fri         | Regular Season<br>(Shenedehowa<br>Invitational)                        | @ TBD                        | 4:00<br>PM    |             | TBD                       | <b>Departure Point:</b> ride with boys | L                          |
| May 17, 2023 | Wed         | Meet (SSC<br>Championships)  | Vs. Multiple                 | 4:00<br>PM    |             | APHS<br>Track             | <b>Departure Time:</b> 2:45 PM         | NL                         |
| May 18, 2023 | Thu         | Meet (SSC JV<br>Championships)   | Vs. Multiple                 | 4:00<br>PM    |             | GHS<br>Track              | <b>Departure Time:</b> 2:45 PM         | NL                         |
| May 20, 2023 | Sat         | Regular Season (Eddy<br>Meet at Schenectady<br>High School )           | @ TBD                        | 9:00<br>AM    |             | TBD                       | <b>Departure Point:</b> with boys      | L                          |
| May 24, 2023 | Wed         | Post-Season<br>(Sectionals at Colonie)                                 | @ TBD                        | 4:00<br>PM    |             | Colonie<br>High<br>School | <b>Departure Time:</b> 2:35 PM         | L                          |
| Jun 1, 2023  | Thu         | Post-Season (State<br>Qualifier Meet @<br>Shen)                        | @ TBD                        | 5:00<br>PM    |             | TBD                       | <b>Departure Time:</b> 3:30 PM         | L                          |
| Jun 2, 2023  | Fri         | Post-Season (State Qualifiers at Shen)                                 | @ TBD                        | 4:00<br>PM    |             | TBD                       | <b>Departure Time:</b> 2:15 PM         | L                          |
| Jun 9, 2023  | Fri         | Post-Season (State<br>Championships -<br>Middletown High<br>School )   | @ TBD                        | TBD           |             | TBD                       |  | L                          |
| Jun 10, 2023 | Sat         | Regular Season (State<br>Championships -<br>Middletown High<br>School) | @ TBD                        | TBD           |             | TBD                       |  | L                          |

Date: 2024-04-10