

Ballston Spa High School

(G) V Outdoor Track

Coaches:

- James Gordon, Head Coach
- Benjamin Guerin, Asst Coach
- Matthew Germann, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 1, 2023	Sat	Regular Season (Guilderland Track Invitational)	@ TBD	10:00 AM		TBD	Departure Time: 8:00 AM	L
Apr 1, 2023	Sat	Regular Season (Guilderland Frigid Cup Invitational)	Averill Park High School, Bethlehem High School, Catholic Central, Troy, Fair Haven, Ichabod Crane, Shaker High School @ Guilderland High School	10:00 AM		GHS Track		NL
Apr 5, 2023	Wed	Regular Season	@ Colonie High School	4:15 PM	6:55 PM	Colonie High Track	Departure Time: 2:45 PM	L
Apr 8, 2023	Sat	Regular Season (CBA/LaSalle Relays at LaSalle Institute)	@ TBD	9:00 AM		TBD	Departure Time: 7:00 AM	L
Apr 10, 2023	Mon	Meet (Ballston Spa Field Challenge)	Vs. Multiple	9:30 AM		Ballston Spa Track		NL
CANCELLED Apr 15, 2023	Sat	Meet (Ballston Spa Invitational)	Vs. Multiple	8:45 AM		Ballston Spa Track		NL
Apr 19, 2023	Wed	Regular Season	Troy, Averill Park High School	4:15 PM	6:55 PM	Ballston Spa Track		L
Apr 22, 2023	Sat	Regular Season (Warrior Classic at Mohonasen High School)	@ TBD	TBD		TBD	Departure Point: tennis courts Departure Time: 7:15 AM	L
Apr 26, 2023	Wed	Regular Season	Albany High School @ Schenectady High School (Girls Varsity Track)	4:15 PM	6:55 PM	Larry Mulvaney Field	Departure Time: 2:45 PM	L
Apr 29, 2023	Sat	Regular Season (Anthony Luciano Memorial Track Invitational)	Coxsackie-Athens, Greenville, Queensbury, South Glens Falls, Glens Falls, Saranac, Burnt Hills-Ballston Lake HS, Schuylerville, Beekmantown, Ausable Valley, Broadalbin-Perth, Lake George, Ichabod Crane, Greenwich, Mount Anthony, Stillwater, Emma Willard, Scotia-Glenville, Taconic Hills @ Hudson Falls	9:30 AM	4:00 PM	Hudson Falls HS	Departure Time: 7:00 AM	NL
Apr 29, 2023	Sat	Regular Season (Loucks Games - White Plains High School)	@ TBD	TBD		TBD		L
May 2, 2023	Tue	Regular Season	Columbia High School, Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	Ballston Spa Track		L
May 6, 2023	Sat	Regular Season (Colonie Relays)	@ TBD	TBD		TBD	Departure Time: 10:00 AM	L

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May 9, 2023	Tue	Regular Season 50-127 L	@ Guilderland High School	4:15 PM	6:55 PM	GHS Track	Departure Time: 2:45 PM	L
May 12, 2023	Fri	Regular Season (Shenedehowa Invitational)	@ TBD	4:00 PM		TBD	Departure Point: ride with boys	L
May 17, 2023	Wed	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	APHS Track	Departure Time: 2:45 PM	NL
May 18, 2023	Thu	Meet (SSC JV Championships)	Vs. Multiple	4:00 PM	7:55 PM	GHS Track	Departure Time: 2:45 PM	NL
May 20, 2023	Sat	Regular Season (Eddy Meet at Schenectady High School)	@ TBD	9:00 AM		TBD	Departure Point: with boys	L
May 24, 2023	Wed	Post-Season (Sectionals at Colonie)	@ TBD	4:00 PM		Colonie High School	Departure Time: 2:35 PM	L
Jun 1, 2023	Thu	Post-Season (State Qualifier Meet @ Shen)	@ TBD	5:00 PM		TBD	Departure Time: 3:30 PM	L
Jun 2, 2023	Fri	Post-Season (State Qualifiers at Shen)	@ TBD	4:00 PM		TBD	Departure Time: 2:15 PM	L
Jun 9, 2023	Fri	Post-Season (State Championships - Middletown High School)	@ TBD	TBD		TBD		L
Jun 10, 2023	Sat	Regular Season (State Championships - Middletown High School)	@ TBD	TBD		TBD		L

Date: 2026-01-20