

Ballston Spa High School

(G) V Outdoor Track

Coaches:

- James Gordon, Head Coach
- Benjamin Guerin, Asst Coach
- Matthew Germann, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Mar 27, 2019	Wed	Regular Season	@ Niskayuna High School	4:15 PM		Niskayuna High School	Departure Point: high school Departure Time: 2:45 PM	L
Mar 27, 2019	Wed	Regular Season	@ Niskayuna High School	4:15 PM		Niskayuna High School		L
Apr 2, 2019	Tue	Regular Season	Troy, Averill Park High School	4:15 PM		Ballston Spa Track		L
Apr 9, 2019	Tue	Regular Season	Albany High School @ Schenectady High School (Girls Varsity Track)	4:15 PM		Larry Mulvaney Field	Departure Point: high school Departure Time: 2:45 PM	L
Apr 13, 2019	Sat	Regular Season (CBA/LaSalle Meet)	@ TBD	9:00 AM		Ballston Spa High School Gym	Departure Point: high school Departure Time: 7:15 AM	L
Apr 17, 2019	Wed	Regular Season	Columbia High School, Burnt Hills-Ballston Lake HS	4:15 PM		Ballston Spa Track		L
Apr 20, 2019	Sat	Regular Season (Lady Invitational)	Guilderland High School, Colonie High School @ Bethlehem High School	10:00 AM	4:00 PM	High School Track	Departure Time: 8:15 AM	L
Apr 22, 2019	Mon	Meet (Ballston Spa Throw Off)	Vs. Multiple	11:00 AM		Ballston Spa High School Gym		NL
Apr 27, 2019	Sat	Meet (The Anthony Luciano Memorial Invitational)	Vs. Multiple	9:00 AM	6:30 PM	Hudson Falls HS	Departure Time: 7:30 AM	NL
Apr 30, 2019	Tue	Regular Season	@ Guilderland High School	4:15 PM		GHS Track	Departure Point: middle school Departure Time: 2:35 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	/ NON-LEAGUE
May 4, 2019	Sat	Regular Season (Colonie Relays)	Niskayuna High School, Shaker High School, Shenendehowa High School, Schenectady High School (Girls Varsity Track), Bethlehem High School, Albany High School, Burnt Hills-Ballston Lake HS @ Colonie High School	8:00 AM		Colonie High Track	Bus/Driver: one bus will leave at 7:30 and one 12:00 following SATs	Departure Point: middle school by track Departure Time: 12:00 PM	L
May 10, 2019	Fri	Meet (SHEN INVITATIONAL)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)		Departure Time: 2:45 PM	NL
May 15, 2019	Wed	Meet (SSC Championships)	Vs. Multiple	4:15 PM		BH-BL HS Track		Departure Point: middle school Departure Time: 2:30 PM	NL
May 17, 2019	Fri	Regular Season (Schuylerville Classic)	@ TBD	3:45 PM		TBD		Departure Point: middle school by track Departure Time: 1:30 PM	L
May 17, 2019	Fri	Meet (SSC JV Championships)	Vs. Multiple	4:15 PM		Saratoga Springs High School		Departure Point: high school Departure Time: 2:45 PM	NL
May 18, 2019	Sat	Meet (Eddy Meet at Schenectady HS)	Vs. Multiple	9:00 AM		Larry Mulvaney Field	Bus/Driver: no transportation required		NL
May 22, 2019	Wed	Post-Season (Group 1 Co-Ed Sectionals)	Shenendehowa High School, Schenectady High School (Girls Varsity Track), Albany High School, Saratoga Springs High School, Shaker High School, Bethlehem High School, Colonie High School, Niskayuna High School, Columbia High School, Troy, Queensbury, Amsterdam @ Guilderland High School	3:00 PM	8:00 PM	GHS Track		Departure Point: ride with boys	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
May 30, 2019	Thu	Meet (State Qualifiers)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)	Departure Point: ride with boys	NL
May 31, 2019	Fri	Meet (State Qualifiers)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)	Departure Point: ride with boys	NL
Jun 7, 2019	Fri	Post-Season	@ TBD	TBD		Middletown High School		L

Date: 2026-01-20