Ballston Spa High School
(G) V Outdoor Track

Coaches:

- Garry Preece, Head Coach
- Tara Marie Crisafulli, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 1, 2024	Mon	Meet (Ballston Spa Field Event Challenge)	Vs. Multiple	9:00 AM		Ballston Spa Track		NL
Apr 1, 2024	Mon	Regular Season (Ballston Spa Field Events invite)	Amsterdam	9:00 AM		Ballston Spa Track		NL
Apr 6, 2024	Sat	Regular Season (Frigid Cup Invitational)	Shaker High School @ Guilderland High School	10:00 AM	5:00 PM	GHS Track	**Departure Time:** 8:00 AM	NL
Apr 9, 2024	Tue	Regular Season	Colonie High School	4:15 PM	6:55 PM	Ballston Spa Track		L
Apr 13, 2024	Sat	Regular Season (CBA/LaSalle Relays)	LaSalle Institute @ Christian Brothers Academy, Albany	8:30 AM		LaSalle Academy, Troy New York	**Departure Time:** 6:45 AM	NL
Apr 17, 2024	Wed	Regular Season	Averill Park High School @ Troy	4:15 PM		Track	**Departure Time:** 2:45 PM	L
Apr 20, 2024	Sat	Regular Season (Spring Track and Field Classic)	Burnt Hills-Ballston Lake HS, Troy, Colonie High School, Albany High School, Schenectady High School (Girls Varsity Track) @ Niskayuna High School	9:30 AM		High School	**Departure Time:** 7:30 AM	L
Apr 23, 2024	Tue	Regular Season	Schenectady High School (Girls Varsity Track), Albany High School	4:15 PM	6:55 PM	Ballston Spa Track		L
Apr 27, 2024	Sat	Regular Season (Luciano Track Invitational)	Schuylerville, Burnt Hills-Ballston Lake HS, Lake George, Broadalbin-Perth, Shaker High School @ Hudson Falls	10:00 AM		Hudson Falls HS	**Departure Time:** 8:00 AM	NL
May 1, 2024	Wed	Regular Season	Burnt Hills-Ballston Lake HS @ Columbia High School	4:15 PM	6:45 PM	Columbia H.S.	**Departure Time:** 2:35 PM	L
May 4, 2024	Sat	Regular Season (Colonie Relays)	Burnt Hills-Ballston Lake HS, Shaker High School @ Colonie High School	TBD		Schenectady HS - Larry Mulvaney Field	**Departure Time:** 7:00 AM	L
May 8, 2024	Wed	Regular Season	@ Guilderland High School	4:15 PM	6:30 PM	GHS Track	**Departure Time:** 2:45 PM	L
May 10, 2024	Fri	Regular Season	Niskayuna High School, Burnt Hills-Ballston Lake HS, Troy, Bethlehem High School, Shaker High School, Albany High School, Schenectady High School (Girls Varsity Track) @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	**Departure Time:** 2:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 14, 2024	Tue	Regular Season (Suburban Council Girl's Championships)	Albany High School, Shenendehowa High School, Niskayuna High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), Shaker High School, Saratoga Springs High School, Colonie High School, Troy, Bethlehem High School, Columbia High School, Guilderland High School @ TBD	4:15 PM	7:30 PM	APHS Track	**Departure Time:** 2:35 PM	L
May 18, 2024	Sat	Regular Season (Eddy Meet)	Burnt Hills-Ballston Lake HS, Shaker High School @ Schenectady High School (Girls Varsity Track)	9:00 AM		Larry Mulvaney Field	**Departure Time:** 7:15 AM	L
May 30, 2024	Thu	Post-Season (State Qualifiers at Guilderland)	@ TBD	TBD		TBD		L
May 31, 2024	Fri	Post-Season (State Qualifiers at Guilderland)	@ TBD	TBD		TBD		L
Jun 7, 2024	Fri	Post-Season (State Championships @ Cicero North)	@ TBD	TBD		TBD		L
Jun 8, 2024	Sat	Post-Season (State Championships @ Cicero North)	@ TBD	TBD		TBD		L

Date: 2024-04-10