

Ballston Spa High School

(B) V Outdoor Track

Coaches:

- Benjamin Guerin, Head Coach
- Tim Moseman, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 6, 2026	Mon	Regular Season (Ballston Spa Field Event Invitational)	South Glens Falls	9:00 AM		Ballston Spa Track		NL
Apr 6, 2026	Mon	Regular Season (Ballston Spa Field Challenge)	Schenectady High School (Boys Varsity Track), Amsterdam, Shenendehowa High School, Colonie High School, TBD	9:00 AM		Ballston Spa Track		NL
Apr 11, 2026	Sat	Regular Season	@ LaSalle Institute	9:00 AM		LaSalle Institute HS	Departure Time: 8:00 AM	L
Apr 17, 2026	Fri	Regular Season (Medley Relay Challenge)	Schenectady High School (Boys Varsity Track), Greenville, Green Tech High Charter School, Shaker High School, Roy C Ketcham/ Wappingers JHS, Colonie High School @ Niskayuna High School	4:30 PM		NHS Track	Departure Time: 2:45 PM	NL
Apr 18, 2026	Sat	Regular Season (Spring Track Classic)	Christian Brothers Academy, Albany, Watervliet, Whitesboro, Schenectady High School (Boys Varsity Track), Green Tech High Charter School, Shaker High School, Amsterdam, Colonie High School, Shenendehowa High School @ Niskayuna High School	9:00 AM		NHS Track	Departure Time: 8:15 AM	NL
Apr 20, 2026	Mon	Regular Season	@ Guilderland High School	4:15 PM	6:55 PM	GHS Track	Departure Time: 2:35 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 25, 2026	Sat	Regular Season (Hudson Falls Invite)	Lake George, Saratoga Springs High School, Ausable Valley, Beekmantown, Glens Falls, Greenwich, Guilderland High School, Mechanicville, Queensbury, Saranac, Broadalbin-Perth, Ichabod Crane High School, Schuylerville, Schenectady High School (Boys Varsity Track), South Glens Falls @ Hudson Falls	9:30 AM		Hudson Falls HS	Departure Time: 7:45 AM	L
Apr 27, 2026	Mon	Regular Season	Shaker High School	4:15 PM	6:55 PM	Ballston Spa Track		NL
Apr 29, 2026	Wed	Regular Season	@ Niskayuna High School	4:15 PM	6:55 PM	NHS Track	Departure Time: 2:45 PM	L
May 2, 2026	Sat	Regular Season (Colonie Relays)	Saratoga Springs High School, Burnt Hills-Ballston Lake HS, Christian Brothers Academy, Albany, Shaker High School, Amsterdam, Schenectady High School (Boys Varsity Track) @ Colonie High School	TBD		Colonie High Track	Departure Time: 10:15 AM	L
May 5, 2026	Tue	Regular Season	Columbia High School @ Bethlehem High School	4:15 PM	6:55 PM	High School Track	Departure Time: 2:35 PM	L
May 8, 2026	Fri	Regular Season (Glenn D Loucks Games (invitational 10 athletes) White Plains HS)	@ TBD	TBD		TBD	Departure Point: N/A	L
May 9, 2026	Sat	Regular Season (QBY Invy)	Hudson Falls, Lake George, Saratoga Springs High School, Granville, Coxsackie-Athens, Gloversville, Schuylerville, Maple Hill, South Glens Falls, Salem (Cambridge-Salem) @ Queensbury	8:30 AM		Queensbury HS Stadium/Track	Departure Time: 6:30 AM	L
May 12, 2026	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Averill Park High School	4:15 PM	6:55 PM	Ballston Spa Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2026	Sat	Regular Season (Eddy Meet)	Lake George, Niskayuna High School, Saratoga Springs High School, Burnt Hills-Ballston Lake HS, Christian Brothers Academy, Albany, Shenendehowa High School, Shaker High School @ Schenectady High School (Boys Varsity Track)	9:00 AM	3:00 PM	Schenectady High School Track & Field	Departure Time: 6:45 AM	L
May 19, 2026	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM	8:55 PM	GHS Track		NL
May 27, 2026	Wed	Post-Season (Sectionals @ Colonie HS)	@ TBD	TBD		Colonie High School	Departure Time: 1:25 PM	L
Jun 3, 2026	Wed	Post-Season (STATE QUALIFIERS)	Schuylerville, Lake George @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	Departure Time: 2:35 PM	L
Jun 4, 2026	Thu	Post-Season (STATE QUALIFIERS)	Schuylerville, Lake George @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	Departure Point: with girls	L
Jun 13, 2026	Sat	Post-Season (State Championships at Webster Schroeder High School)	@ TBD	TBD		TBD		L
Jun 14, 2026	Sun	Post-Season (State Championships at Webster Schroeder High School)	@ TBD	TBD		TBD		L

Date: 2026-06-06