

Ballston Spa High School

(B) V Outdoor Track

- Coaches:
- Gary Older, Asst Coach
 - Tim Moseman, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2025	Wed	Regular Season	@ Shaker High School	3:30 PM		Arthur Walker Field- Shaker High School	Departure Time: 2:30 PM	L
Apr 11, 2025	Fri	Regular Season (BP Co-Ed Relays)	Gloversville, Scotia-Glenville, Fonda-Fultonville, Rondout Valley, Amsterdam, Glens Falls @ Broadalbin-Perth	4:00 PM		BPHS Track		NL
POSTPONED Apr 12, 2025	Sat	Regular Season (Spring Invitational)	Burnt Hills-Ballston Lake HS, Schenectady High School (Boys Varsity Track), Albany High School, Colonie High School, Amsterdam, Watervliet @ Niskayuna High School	10:00 AM	5:00 PM	NHS Track	Departure Time: 7:30 AM	NL
Apr 14, 2025	Mon	Regular Season (Thrower's Meet)	Colonie High School, Shenendehowa High School	TBD		Ballston Spa Track		L
Apr 23, 2025	Wed	Regular Season	Guilderland High School	4:15 PM	6:55 PM	Ballston Spa Track		L
Apr 26, 2025	Sat	Regular Season (Anthony Luciano Memorial Invitational 2025)	Otter Valley High School, Ausable Valley, Lake George, Broadalbin-Perth, Gloversville, Queensbury, Greenwich, Glens Falls, South Glens Falls, Mount Anthony, Hoosic Valley, Averill Park High School, Niskayuna High School, Beekmantown, Schuylerville, TBD, Emma Willard, Albany Academies, Ichabod Crane @ Hudson Falls	9:30 AM		Hudson Falls HS		NL
Apr 29, 2025	Tue	Regular Season	Niskayuna High School	4:15 PM	6:55 PM	Ballston Spa Track		L
May 3, 2025	Sat	Regular Season (Colonie Relays)	Christian Brothers Academy, Albany, Albany High School, Greenville, Saratoga Springs High School, Saratoga Springs High School, Cooperstown, Schenectady High School (Boys Varsity Track), Shaker High School @ Colonie High School	TBD		Colonie High Track	Departure Point: track Departure Time: 10:30 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 7, 2025	Wed	Regular Season	Bethlehem High School @ Columbia High School	4:15 PM	6:55 PM	Columbia H.S.	Departure Time: 2:35 PM	L
May 9, 2025	Fri	Regular Season (Shen Invy)	Christian Brothers Academy, Albany, Scotia-Glenville, Colonie High School, Albany High School, Schenectady High School (Boys Varsity Track), Niskayuna High School, Burnt Hills-Ballston Lake HS, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Departure Point: track Departure Time: 2:30 PM	L
May 13, 2025	Tue	Regular Season	Averill Park High School @ Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	BH-BL HS Track	Departure Time: 2:45 PM	L
May 17, 2025	Sat	Regular Season (Eddy Meet)	Christian Brothers Academy, Albany, Shenendehowa High School, Shaker High School, Burnt Hills-Ballston Lake HS, Amsterdam @ Schenectady High School (Boys Varsity Track)	8:00 AM	7:55 PM	Schenectady High School Track & Field	Departure Time: 7:00 AM	NL
May 21, 2025	Wed	Meet (SSC Championships)	Vs. Multiple	4:30 PM	7:55 PM	Mont Pleasant Middle School Field	Departure Time: 2:35 PM	NL
May 28, 2025	Wed	Post-Season (Sectionals at Colonie)	@ TBD	4:00 PM		TBD	Departure Time: 2:30 PM	L
Jun 5, 2025	Thu	Post-Season (State Qualifier at Shen)	@ TBD	TBD		TBD	Departure Time: 2:30 PM	L
Jun 6, 2025	Fri	Post-Season (State Qualifier - at Shen)	@ TBD	TBD		TBD		L
Jun 13, 2025	Fri	Post-Season (State Championships)	@ TBD	TBD		TBD		L
Jun 14, 2025	Sat	Post-Season (State Championships)	@ TBD	TBD		TBD		L

Date: 2025-12-24