

# Ballston Spa High School

## (B) V Outdoor Track

### Coaches:

- Theresa Rousseau, Head Coach
- Gary Older, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 2, 2022	Sat	Regular Season	@ Watervliet	11:00 AM		TBD	<b>Departure Time:</b> 9:15 AM	L
Apr 5, 2022	Tue	Regular Season	Niskayuna High School	4:15 PM	6:55 PM	Ballston Spa Track		L
Apr 9, 2022	Sat	Regular Season	@ LaSalle Academy	9:00 AM		TBD	<b>Departure Time:</b> 7:15 AM	L
Apr 12, 2022	Tue	Regular Season	Troy @ Averill Park High School	4:15 PM	6:55 PM	APHS Track	<b>Departure Point:</b> charter <b>Departure Time:</b> 2:35 PM	L
Apr 16, 2022	Sat	Meet (Ballston Spa Track Invitational )	Vs. Multiple	9:00 AM		Ballston Spa Track		NL
Apr 18, 2022	Mon	Meet (Ballston Spa Field Challenge)	Vs. Multiple	10:00 AM		Ballston Spa Track		NL
POSTPONED Apr 19, 2022	Tue	Meet (Ballston Spa Track Challenge )	Vs. Multiple	10:00 AM		Ballston Spa Track		NL
Apr 22, 2022	Fri	Regular Season (Nisky Relays @ Mohon)	Schenectady High School (Boys Varsity Track), Colonie High School, Shaker High School @ Niskayuna High School	4:15 PM		Mohonasen High School	<b>Departure Time:</b> 1:15 PM	NL
Apr 23, 2022	Sat	Regular Season (Warrior Track Classic)	Amsterdam, Guilderland High School, Colonie High School, Shaker High School @ Niskayuna High School	9:15 AM	4:00 PM	Mohonasen High School	<b>Departure Time:</b> 7:30 AM	L
Apr 27, 2022	Wed	Regular Season 77-101-76 L	Schenectady High School (Boys Varsity Track) @ Albany High School	4:15 PM	6:55 PM	Albany Turf Stadium Field	<b>Departure Time:</b> 2:45 PM	L
Apr 30, 2022	Sat	Regular Season (Cohoes Relays)	@ Cohoes	9:00 AM		TBD	<b>Departure Time:</b> 7:30 AM	L
May 4, 2022	Wed	Regular Season	Burnt Hills-Ballston Lake HS @ Columbia High School	4:15 PM	6:55 PM	Columbia H.S.	<b>Departure Point:</b> charter - need return driver	L
May 5, 2022	Thu	Regular Season (Bemus Invitational)	@ Greenwich	3:00 PM		TBD	<b>Departure Time:</b> 1:20 PM	L
May 6, 2022	Fri	Regular Season (Cannoner Challenge)	@ Watervliet	5:30 PM		TBD	<b>Departure Point:</b> charter - need return driver	L
May 9, 2022	Mon	Regular Season	Guilderland High School, Christian Brothers Academy, Albany	4:15 PM	6:55 PM	Ballston Spa Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 13, 2022	Fri	Regular Season (SHEN INVY)	Shaker High School, Niskayuna High School, Schenectady High School (Boys Varsity Track), Colonie High School, Bethlehem High School, Albany High School, Guilderland High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)		L
May 13, 2022	Fri	Regular Season (Mohonasen Futures Invitational)	@ Mohonasen	TBD		TBD	<b>Departure Time:</b> 2:45 PM	L
May 17, 2022	Tue	Meet (Boys SSC Championship Outdoor Track 2022)	Vs. Multiple	4:15 PM	7:00 PM	Track		NL
May 19, 2022	Thu	Post-Season (JV Championships)	Albany High School, Averill Park High School, Bethlehem High School, Burnt Hills-Ballston Lake HS, Christian Brothers Academy, Albany, Colonie High School, Columbia High School, Guilderland High School, Schenectady High School (Boys Varsity Track), Shaker High School, Shenendehowa High School, Niskayuna High School @ Saratoga Springs High School	4:15 PM		Saratoga Springs High School		NL
May 21, 2022	Sat	Regular Season	Shaker High School	9:00 AM		Ballston Spa Track		L
May 25, 2022	Wed	Post-Season (Sectionals at Colonie )	@ TBD	4:15 PM		TBD	<b>Departure Point:</b> Charter bus <b>Departure Time:</b> 2:45 PM	L
Jun 2, 2022	Thu	Post-Season (STATE QUALIFIERS)	Shaker High School, Amsterdam, Lake George, Saratoga Springs High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	<b>Departure Time:</b> 2:45 PM	L
Jun 3, 2022	Fri	Post-Season (STATE QUALIFIERS)	Shaker High School, Amsterdam, Lake George, Saratoga Springs High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	<b>Departure Time:</b> 2:45 PM	L

Date: 2023-06-09