

Ballston Spa High School

(G) V Lacrosse

Coaches:

- Emily Micheller, Head Coach
- Tia Pelmeau, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 11, 2024	Mon	Practice	N/A	7:00 PM	8:30 PM	Union College - Bailey Field	Departure Time: 6:15 PM	
Mar 12, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Union College - Bailey Field	Departure Time: 2:35 PM	
Mar 14, 2024	Thu	Practice	N/A	5:45 PM	7:45 PM	Union College - Bailey Field	Departure Time: 5:00 PM	
Mar 19, 2024	Tue	Practice	N/A	5:45 PM	7:45 PM	Union College - Bailey Field	Departure Time: 5:00 PM	
Mar 21, 2024	Thu	Practice	N/A	6:45 PM	8:45 PM	Union College - Bailey Field	Departure Time: 6:00 PM	
Mar 22, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	Union College - Bailey Field	Departure Time: 2:35 PM	
Mar 28, 2024	Thu	Regular Season 3-18 L	@ Saratoga Springs High School	7:00 PM	9:00 PM	SSHS Turf Field	Departure Time: 6:00 PM	L
Apr 9, 2024	Tue	Regular Season 9-13 L	Averill Park High School	4:15 PM	6:15 PM	Soccer/Lacrosse #2		L
Apr 11, 2024	Thu	Regular Season 1-18 L	@ Burnt Hills-Ballston Lake HS	6:00 PM		BH-BL HS Centennial Field	Departure Time: 5:00 PM	L
Apr 12, 2024	Fri	Regular Season 4-12 L	@ Albany Academies	4:15 PM		Albany College of Pharmacy	Departure Point: High School Departure Time: 3:45 PM	L
Apr 15, 2024	Mon	Regular Season 3-17 L	South Glens Falls	4:30 PM		Soccer/Lacrosse #2		L
Apr 16, 2024	Tue	Regular Season 5-22 L	Shaker High School	4:15 PM	6:15 PM	Soccer/Lacrosse #2		L
Apr 18, 2024	Thu	Regular Season 2-24 L	@ Bethlehem High School	4:15 PM	6:15 PM	Bethlehem Turf Field	Departure Time: 2:35 PM	L
Apr 20, 2024	Sat	Regular Season	@ Albany High School	11:00 AM	1:15 PM	Albany Turf Stadium Field	Departure Time: 9:30 AM	L
Apr 24, 2024	Wed	Regular Season	Scotia-Glenville	5:00 PM		Soccer/Lacrosse #2		L
Apr 25, 2024	Thu	Regular Season 1-20 L	@ Niskayuna High School	5:30 PM	6:15 PM	High School Turf Field	Departure Time: 3:45 PM	L
Apr 29, 2024	Mon	Regular Season 5-14 L	Columbia High School	4:15 PM		Soccer/Lacrosse #2		L
Apr 30, 2024	Tue	Regular Season	@ Schuylerville	7:30 PM		Schuylerville High School (turf)	Departure Time: 6:00 PM	NL
May 2, 2024	Thu	Regular Season 2-17 L	@ Guilderland High School	6:30 PM	8:15 PM	Guilderland High School Turf Field	Departure Time: 4:45 PM	L
May 7, 2024	Tue	Regular Season 4-15 L	Colonie High School	7:00 PM		Stadium Field		L
May 8, 2024	Wed	Regular Season	Shenendehowa High School	4:15 PM	6:15 PM	Soccer/Lacrosse #2		L

