

Ballston Spa High School

(G) V Lacrosse

Coaches:

- Emily Micheller, Head Coach
- Tia Pelmeau, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|--------------------------------|------------|----------|--------------------------------------|--|---------------------|
| POSTPONED Mar 30, 2020 | Mon | Regular Season | @ Burnt Hills-Ballston Lake HS | 5:30 PM | | BH-BL HS Centennial Field | | NL |
| POSTPONED Apr 2, 2020 | Thu | Regular Season | Guilderland High School | 4:15 PM | 5:55 PM | Soccer/Lacrosse #2 | | L |
| POSTPONED Apr 6, 2020 | Mon | Regular Season | Colonie High School | 4:15 PM | 5:55 PM | Soccer/Lacrosse #2 | | L |
| POSTPONED Apr 7, 2020 | Tue | Regular Season | @ Niskayuna High School | 4:15 PM | | Niskayuna High School | | NL |
| POSTPONED Apr 14, 2020 | Tue | Regular Season | @ Saratoga Springs High School | 12:00 PM | 1:40 PM | Saratoga Springs High School | Departure Time: 10:45 AM | L |
| POSTPONED Apr 16, 2020 | Thu | Regular Season | Columbia High School | 12:00 PM | | Soccer/Lacrosse #2 | | L |
| POSTPONED Apr 18, 2020 | Sat | Regular Season | Niskayuna High School | 11:00 AM | 12:40 PM | Soccer/Lacrosse #2 | | L |
| CANCELLED Apr 21, 2020 | Tue | Regular Season | @ Shaker High School | 4:30 PM | 5:55 PM | Shaker High School-Lower Maloy Field | Departure Time: 2:45 PM | L |
| Apr 28, 2020 | Tue | Regular Season | @ Bethlehem High School | 4:15 PM | 5:55 PM | High School Varsity Lacrosse/Soccer | Departure Time: 2:35 PM | L |
| CANCELLED May 4, 2020 | Mon | Regular Season | @ Averill Park High School | 4:15 PM | 5:55 PM | APHS Varsity Lacrosse Field | Departure Time: 2:35 PM | L |
| POSTPONED May 7, 2020 | Thu | Regular Season | South Glens Falls | 6:30 PM | | Stadium Field | | NL |
| POSTPONED May 9, 2020 | Sat | Regular Season | Shenendehowa High School | 11:00 AM | 12:40 PM | Soccer/Lacrosse #2 | | L |
| POSTPONED May 12, 2020 | Tue | Regular Season | @ Burnt Hills-Ballston Lake HS | 6:00 PM | | BH-BL HS Centennial Field | Departure Time: 5:00 PM | L |
| POSTPONED May 14, 2020 | Thu | Regular Season | @ Queensbury | 4:30 PM | | Queensbury HS, Field 2N | | NL |
| POSTPONED May 16, 2020 | Sat | Regular Season | @ Albany High School | 1:00 PM | 3:00 PM | Albany Turf Stadium Field | Departure Time: 11:45 AM | L |
| CANCELLED Jun 2, 2020 | Tue | Regular Season | @ Albany Academies | 4:15 PM | 6:15 PM | Albany Academies | Departure Point: High School Return Date: Return Time: 2:45 PM | L |

Date: 2026-01-20