

Ballston Spa High School

(G) V Lacrosse

Coaches:

- Emily Micheller, Head Coach
- Tia Pelmeau, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 16, 2019	Sat	Scrimmage	West Genesee	11:30 AM		TBD		NL
Mar 21, 2019	Thu	Scrimmage	@ Shaker High School	4:00 PM		Arthur Walker Field-Shaker High School	Departure Time: 2:45 PM	L
Mar 24, 2019	Sun	Scrimmage (RPI Play date)	@ TBD	10:30 AM		RPI	Departure Time: 9:15 AM	L
Apr 4, 2019	Thu	Regular Season	@ Columbia High School	5:30 PM	7:00 PM	Columbia H.S.	Departure Point: high school Departure Time: 3:45 PM	L
Apr 8, 2019	Mon	Regular Season 16-7 W	@ Schuylerville	4:30 PM		Schuylerville High School (turf)	Departure Time: 3:00 PM	L
Apr 9, 2019	Tue	Regular Season	@ Shaker High School	5:30 PM		Arthur Walker Field-Shaker High School	Departure Point: high school Departure Time: 4:15 PM	L
Apr 11, 2019	Thu	Regular Season	@ Guilderland High School	4:15 PM		Lady Dutch Field	Departure Time: 2:30 PM	L
Apr 16, 2019	Tue	Regular Season	Bethlehem High School	3:30 PM	5:45 PM	Soccer/Lacrosse #2		L
Apr 18, 2019	Thu	Regular Season	@ Saratoga Springs High School	4:15 PM	5:45 PM	Saratoga Springs High School	Departure Point: high school Departure Time: 3:00 PM	L
Apr 22, 2019	Mon	Regular Season	Guilderland High School	3:00 PM	5:00 PM	Soccer/Lacrosse #2		L
Apr 23, 2019	Tue	Regular Season	Niskayuna High School	12:00 PM	1:30 PM	Soccer/Lacrosse #2		L
Apr 25, 2019	Thu	Regular Season	@ Shenendehowa High School	12:00 PM	1:30 PM	Shen High School East Stadium (Turf Field)	Departure Point: high school Departure Time: 10:45 AM	L
Apr 26, 2019	Fri	Regular Season	Colonie High School	12:00 PM	1:30 PM	Soccer/Lacrosse #2		L
Apr 30, 2019	Tue	Regular Season	@ Albany High School	6:30 PM	8:45 PM	Albany Turf Stadium Field	Departure Point: high school Departure Time: 5:00 PM	L
May 1, 2019	Wed	Regular Season 9-6 W	Averill Park High School	5:30 PM		Stadium Field		L
May 4, 2019	Sat	Regular Season	Burnt Hills-Ballston Lake HS	3:00 PM		Soccer/Lacrosse #2		L
May 10, 2019	Fri	Regular Season	@ Albany Academies	4:15 PM		TBD	Departure Time: 2:45 PM	L
May 11, 2019	Sat	Regular Season	Columbia High School	12:00 PM		Soccer/Lacrosse #2		L
May 13, 2019	Mon	Regular Season	@ Burnt Hills-Ballston Lake HS	7:15 PM	8:45 PM	BH-BL HS Centennial Field	Departure Point: high school Departure Time: 5:30 PM	L
May 21, 2019	Tue	Post-Season	@ Niskayuna High School	4:15 PM		Niskayuna High School	Departure Time: 2:45 PM	L

Date: 2026-01-20