

# Ballston Spa High School

## (B) V Lacrosse

### Coaches:

- Luke Snow, Head Coach
- Jason Ohnsman, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Mar 15, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	Union College	Departure Time: 6:00 PM	
Mar 16, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	Union College	Departure Time: 6:00 PM	
Mar 17, 2023	Fri	Practice	N/A	3:30 PM	5:30 PM	Union College	Departure Time: 2:35 PM	
Mar 18, 2023	Sat	Practice	N/A	1:00 PM	3:00 PM	Union College	Departure Time: 12:15 PM	
Mar 21, 2023	Tue	Practice	N/A	7:00 PM	9:00 PM	Union College	Departure Time: 6:15 PM	
Mar 23, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	Union College	Departure Time: 6:15 PM	
Mar 24, 2023	Fri	Practice	N/A	7:00 PM	9:00 PM	Union College	Departure Time: 6:15 PM	
Mar 25, 2023	Sat	Scrimmage (Scrimmage Day)	Bethlehem High School, Shaker High School, Columbia High School @ Shenendehowa High School	10:00 AM		Shen Turf Field 12, Shen Turf Field 13	Departure Point: last game is at 1pm Departure Time: 8:50 AM	L
Mar 27, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	Union College	Departure Time: 6:15 PM	
Mar 30, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	Union College	Departure Time: 6:15 PM	
Apr 4, 2023	Tue	Regular Season 20-0 W	Averill Park High School	4:15 PM	5:45 PM	Soccer/Lacrosse 6		L
Apr 5, 2023	Wed	Regular Season 9-10 L	St. Joseph Collegiate	7:00 PM		University at Albany	Departure Time: 5:30 PM	L
Apr 8, 2023	Sat	Regular Season 8-10 L	Shaker High School	11:00 AM	12:30 PM	Soccer/Lacrosse 6		L
Apr 11, 2023	Tue	Regular Season 21-1 W	@ Colonie High School	11:00 AM	12:30 PM	Colonie HS Varsity Grass (Field #2)	Departure Time: 9:30 AM	L
Apr 13, 2023	Thu	Regular Season 7-10 L	@ Marcellus	5:00 PM	7:00 PM	Marcellus SHS Stadium Field	Departure Point: charter	NL
Apr 15, 2023	Sat	Regular Season 8-11 L	Shenendehowa High School	12:00 PM		Soccer/Lacrosse 6		L
Apr 18, 2023	Tue	Regular Season 13-5 W	Guilderland High School	4:15 PM	5:45 PM	Soccer/Lacrosse 6		L
Apr 20, 2023	Thu	Regular Season 17-9 W	@ LaSalle Institute	6:00 PM		TBD	Departure Time: 4:30 PM	L
Apr 22, 2023	Sat	Regular Season 13-6 W	@ Indian River	11:30 AM		Corcoran Stadium	Departure Point: charter	NL
Apr 25, 2023	Tue	Regular Season 10-6 W	@ Christian Brothers Academy, Albany	6:15 PM	7:45 PM	Puleo Stadium Field	Departure Time: 4:30 PM	L
Apr 29, 2023	Sat	Regular Season 4-8 L	New Hartford	1:00 PM		Soccer/Lacrosse 6		L

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May 2, 2023	Tue	Regular Season 11-9 W	Bethlehem High School	7:30 PM		Stadium Field		L
May 4, 2023	Thu	Regular Season 7-6 W	@ Columbia High School	7:00 PM	8:45 PM	Nicholas Budnowski Field - Columbia H.S.	<b>Departure Time:</b> 5:00 PM	L
May 6, 2023	Sat	Regular Season 7-6 W	@ Burnt Hills-Ballston Lake HS	11:30 AM		BH-BL HS Centennial Field	<b>Departure Time:</b> 10:00 AM	L
CANCELLED May 9, 2023	Tue	Regular Season	@ Albany High School	4:15 PM	5:45 PM	Albany Turf Stadium Field	<b>Departure Time:</b> 2:45 PM	L
May 11, 2023	Thu	Regular Season 6-15 L	Niskayuna High School	4:15 PM	5:45 PM	Soccer/Lacrosse 6		L
May 13, 2023	Sat	Regular Season 12-13 L	@ Saratoga Springs High School	11:00 AM	12:30 PM	Saratoga Springs High School	<b>Departure Time:</b> 10:00 AM	L
May 18, 2023	Thu	Post-Season 21-1 W	Troy	4:15 PM	7:00 PM	Soccer/Lacrosse 6	<b>Departure Point:</b> charter	L
May 22, 2023	Mon	Post-Season	Queensbury	4:15 PM	7:00 PM	Soccer/Lacrosse 6		L
May 25, 2023	Thu	Post-Season	@ Niskayuna High School	5:00 PM		Shaker High School		L

Date: 2025-12-05