

Ballston Spa High School

(B) V Cross Country

Coaches:

- Matthew Germann, Head Coach
- Tara Marie Crisafulli

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Bethlehem High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park	Departure Time: 2:45 PM	L
Sep 13, 2022	Tue	Regular Season	Niskayuna High School, Shaker High School @ Columbia High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park	Departure Time: 2:45 PM	L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational)	Schuylerville, Christian Brothers Academy, Albany, Niskayuna High School, Monroe-Woodbury, Saratoga Springs High School, Colonie High School, Schenectady High School, South Glens Falls, Coxsackie-Athens, Glens Falls, Chittenango @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	Departure Time: 7:00 AM	NL
Sep 20, 2022	Tue	Regular Season	Schenectady High School, Troy	4:15 PM	5:55 PM	TBD	Departure Time: 2:45 PM	L
Sep 27, 2022	Tue	Regular Season	Albany High School, Colonie High School @ Christian Brothers Academy, Albany	4:15 PM	5:55 PM	The Crossings of Colonie	Departure Time: 2:45 PM	L
Oct 11, 2022	Tue	Regular Season	Shenendehowa High School, Saratoga Springs High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park	Departure Time: 2:45 PM	L
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	1:55 PM	Saratoga Spa State Park	Departure Time: 7:15 AM	NL

Date: 2022-08-18