

Ballston Spa High School

(B) V Cross Country

Coaches:

- Ben Guerin, Head Coach
- Charles Racey, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--------------------------|---|------------|----------|----------------------------|---------------------------------|---------------------|
| Oct 3, 2020 | Sat | Regular Season 22-35 W | Colonie High School | 12:00 PM | | Saratoga State Park | Departure Time: 10:50 AM | L |
| Oct 10, 2020 | Sat | Regular Season | Troy @ Christian Brothers Academy, Albany | 9:00 AM | 10:40 AM | CBA Track | Departure Time: 7:30 AM | L |
| Oct 17, 2020 | Sat | Regular Season | @ Averill Park High School | 9:00 AM | 10:40 AM | APHS Cross Country Course | Departure Time: 7:00 AM | L |
| Oct 24, 2020 | Sat | Regular Season | @ Niskayuna High School | 9:00 AM | 10:40 AM | Iroquois Middle School | Departure Time: 7:15 AM | L |
| Oct 31, 2020 | Sat | Regular Season 24-35 W | Albany High School | 12:00 PM | | Saratoga State Park | Departure Time: 12:00 PM | L |
| Nov 7, 2020 | Sat | Regular Season 20-41 W | Schenectady High School | 12:00 PM | | Saratoga State Park | Departure Time: 11:30 AM | L |
| Nov 14, 2020 | Sat | Regular Season | @ Columbia High School | 9:00 AM | 11:40 AM | Schodack Island State Park | Departure Time: 7:00 AM | L |
| Nov 21, 2020 | Sat | Meet (SSC Championships) | Vs. Multiple | 8:00 AM | 4:00 PM | Saratoga Spa State Park | Departure Time: 7:00 AM | NL |

Date: 2025-12-30