

# Ballston Spa High School

## (B) V Cross Country

### Coaches:

- Tara Marie Crisafulli, Head Coach
- Chris McNulty, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Columbia High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park	<b>Departure Time:</b> 2:35 PM	L
Sep 17, 2024	Tue	Regular Season	Niskayuna High School, Albany High School, Christian Brothers Academy, Albany	4:15 PM	5:55 PM	TBD		L
Sep 24, 2024	Tue	Regular Season	Averill Park High School, Colonie High School @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park	<b>Departure Time:</b> 2:45 PM	L
Oct 1, 2024	Tue	Regular Season	Shenendehowa High School, Bethlehem High School @ Shaker High School	4:15 PM	5:55 PM	The Crossings	<b>Departure Time:</b> 2:45 PM	L
Oct 8, 2024	Tue	Regular Season	Burnt Hills-Ballston Lake HS @ Schenectady High School	4:15 PM	5:55 PM	Iroquois Middle School, Niskayuna	<b>Departure Time:</b> 2:45 PM	L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park	<b>Departure Time:</b> 12:15 PM	NL

Date: 2024-06-01