

# Ballston Spa High School

## (G) V Cross Country

### Coaches:

- Theresa Rousseau, Head Coach
- Tara Marie Crisafulli
- Matthew Germann

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 3, 2020	Sat	Regular Season 25-31 W	Colonie High School	12:30 PM		Saratoga State Park	Departure Time: 11:20 AM	L
Oct 10, 2020	Sat	Regular Season	@ Troy	9:00 AM	10:40 AM	CBA, Albany	Departure Time: 8:00 AM	L
Oct 17, 2020	Sat	Regular Season	@ Averill Park High School	9:00 AM	10:40 AM	APHS Cross Country Course	Departure Time: 7:30 AM	L
Oct 24, 2020	Sat	Regular Season	@ Niskayuna High School	9:00 AM	10:40 AM	Iroquois Middle School	Departure Time: 7:30 AM	L
Oct 31, 2020	Sat	Regular Season 15-49 W	Albany High School	12:00 PM		Saratoga State Park	Departure Time: 12:15 PM	L
Nov 7, 2020	Sat	Regular Season 15-50 W	Schenectady High School	12:00 PM		Saratoga State Park	Departure Time: 12:00 PM	L
Nov 14, 2020	Sat	Regular Season	@ Columbia High School	9:30 AM	11:00 AM	Cross Country B&G - Schodack Island State Park	Departure Time: 7:30 AM	L
Nov 22, 2020	Sun	Meet (SSC Championships)	Vs. Multiple	8:00 AM	4:00 PM	Saratoga Spa State Park	Departure Time: 7:00 AM	NL

Date: 2024-05-19