

Ballston Spa High School

(B) V Bowling

Coaches:

- Rob Immel, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Saratoga Strike Zone	Departure Time: 2:30 PM	
Nov 19, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Saratoga Strike Zone	Departure Time: 2:30 PM	
Nov 20, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Saratoga Strike Zone	Departure Time: 2:30 PM	
Nov 25, 2025	Tue	Practice	N/A	3:00 PM		TBD	Departure Time: 2:35 PM	
Dec 3, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Saratoga Strike Zone	Departure Time: 2:35 PM	
Dec 4, 2025	Thu	Regular Season	@ Christian Brothers Academy, Albany	4:00 PM	5:55 PM	Green Island Lanes	Departure Time: 2:45 PM	L
Dec 9, 2025	Tue	Regular Season 17-15 W	Averill Park High School	4:00 PM	5:55 PM	Saratoga Strike Zone	Departure Time: 2:45 PM	L
Dec 16, 2025	Tue	Regular Season 16-16 T	Albany High School	4:00 PM	5:55 PM	Saratoga Strike Zone	Departure Time: 2:45 PM	L
Dec 17, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Saratoga Strike Zone	Departure Time: 2:35 PM	
Dec 18, 2025	Thu	Regular Season	Shenendehowa High School	4:00 PM	5:55 PM	Saratoga Strike Zone	Departure Time: 2:45 PM	L
Jan 6, 2026	Tue	Regular Season 22-10 W	@ Shaker High School	4:00 PM	5:55 PM	Kingpin's Alley	Departure Time: 2:45 PM	L
Jan 7, 2026	Wed	Regular Season	@ Niskayuna High School	4:00 PM	5:55 PM	Boulevard Bowl	Departure Time: 2:45 PM	L
Jan 8, 2026	Thu	Regular Season 9-23 L	@ Guilderland High School	4:00 PM	5:55 PM	Town N Country Lanes	Departure Time: 2:45 PM	L
Jan 13, 2026	Tue	Regular Season	Bethlehem High School	4:00 PM	5:55 PM	Saratoga Strike Zone	Departure Time: 2:45 PM	L
Jan 15, 2026	Thu	Regular Season 13-19 L	@ Saratoga Springs High School	4:00 PM	5:55 PM	Saratoga Strike Zone	Departure Time: 2:45 PM	L
Jan 20, 2026	Tue	Regular Season	Colonie High School	4:00 PM	5:55 PM	Saratoga Strike Zone	Departure Time: 2:35 PM	L
Jan 22, 2026	Thu	Regular Season	@ Schenectady High School (Boys Varsity Bowling)	4:00 PM	5:55 PM	Boulevard Bowl	Departure Time: 2:45 PM	L
Jan 27, 2026	Tue	Regular Season 5-27 L	Columbia High School	4:00 PM	5:55 PM	Saratoga Strike Zone	Departure Time: 2:45 PM	L
Jan 28, 2026	Wed	Practice	N/A	TBD		Saratoga Strike Zone	Departure Time: 2:35 PM	
Jan 29, 2026	Thu	Regular Season	Burnt Hills-Ballston Lake HS	4:00 PM	5:55 PM	Saratoga Strike Zone	Departure Time: 2:45 PM	L
Feb 3, 2026	Tue	Practice	N/A	TBD		Saratoga Strike Zone	Departure Time: 2:35 PM	
Feb 4, 2026	Wed	Meet (SSC Championships)	Vs. Multiple	3:30 PM	6:55 PM	Boulevard Bowl	Departure Time: 1:30 PM	NL
Feb 5, 2026	Thu	Practice	N/A	TBD		Saratoga Strike Zone	Departure Time: 2:35 PM	
Feb 6, 2026	Fri	Post-Season (Sectionals)	@ TBD	TBD		TBD	Departure Time: 7:30 AM	L

Date: 2026-03-03