

Ballston Spa High School

(G) V Flag Football

Coaches:

- Don Nowc

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 8, 2026	Wed	Regular Season	@ Colonie High School	11:00 AM	12:40 PM	Colonie HS Ambrosio (Field #1)		L
Apr 10, 2026	Fri	Regular Season	@ Albany High School	11:00 AM	12:40 PM	Albany Turf Stadium Field		L
Apr 15, 2026	Wed	Regular Season	@ Shenendehowa High School	4:15 PM	5:55 PM	Shen High School East Stadium (Turf Field)		L
Apr 29, 2026	Wed	Regular Season	@ Bethlehem High School	4:15 PM	5:55 PM	Bethlehem High School Stadium Field		L
May 4, 2026	Mon	Regular Season	@ Burnt Hills-Ballston Lake HS	6:30 PM	7:55 PM	BH-BL HS Centennial Field		L
May 6, 2026	Wed	Regular Season	@ Columbia High School	6:00 PM	7:30 PM	Nicholas Budnowski Field - Columbia H.S.		L

Date: 2025-12-06