

Ballston Spa High School

(G) V Wrestling

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2025	Wed	Regular Season	Colonie High School	6:00 PM	7:55 PM	Senior High School Med Gym		L
Dec 9, 2025	Tue	Regular Season	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	6:00 PM	7:55 PM	BH-BL HS Gym		L
Dec 10, 2025	Wed	Regular Season	@ Guilderland High School	6:00 PM	7:55 PM	Guilderland High School East Gym		L
Dec 17, 2025	Wed	Regular Season	@ Columbia High School	6:00 PM	7:55 PM	Columbia H.S.		L
Jan 7, 2026	Wed	Regular Season	Shaker High School	6:00 PM	7:55 PM	BH-BL HS Gym		L
Jan 14, 2026	Wed	Regular Season	Shenendehowa High School	6:00 PM	7:55 PM	BH-BL HS Gym		L
Jan 19, 2026	Mon	Regular Season (Windsor Tournament)	Groton, Harpursville (I - 88 HORNETS), Spencer-Van Etten (SVEC Eagles), West Genesee, Greene, Elmira, TBD, Corning-Painted Post, Oneonta, Deposit, TBD, Owego Apalachin, Johnson City, TBD, Union-Endicott, TBD, Tioga, Waverly, TBD, Indian River, TBD, TBD, Ithaca, Homer, Sidney, TBD, Susquehanna Valley, Walton (WDA girls wrestling), TBD, Gouverneur @ Windsor	9:30 AM		Windsor High School		NL
Jan 21, 2026	Wed	Regular Season	@ Averill Park High School	6:00 PM	7:55 PM	APHS Main Gymnasium		L
Feb 4, 2026	Wed	Regular Season	@ Bethlehem High School	6:00 PM	7:55 PM	High School Gym A		L

Date: 2025-12-05