Coaches:

Ballston Spa High School (G) V Wrestling

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 29, 2023	Wed	Regular Season 6-42 L	@ Columbia High School	5:00 PM	6:00 PM	Columbia H.S.		L
Dec 6, 2023	Wed	Regular Season	@ Bethlehem High School	5:00 PM		High School Gym A		L
Dec 15, 2023	Fri	Regular Season (Niskayuna Tournament)	TBD, Colonie High School, Shaker High School, Salem (Salem- Cambridge), Shenendehowa High School, Guilderland High School, Whitehall, Bethlehem High School @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	4:00 PM		Niskayuna High School		NL
Dec 20, 2023	Wed	Regular Season 6-69 L	@ Shaker High School	5:00 PM		Shaker High School- F gym		L
Jan 3, 2024	Wed	Regular Season	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	5:00 PM		BH-BL HS Gym		L
Jan 10, 2024	Wed	Regular Season	@ Shenendehowa High School	4:15 PM		Shen High School East Gym 1 (Main)		L
Jan 14, 2024	Sun	Regular Season	@ TBD	8:00 AM		Cambridge HS		NL
Jan 18, 2024	Thu	Regular Season 21-32 L	Colonie High School	5:00 PM		BH-BL HS Gym		L
Jan 25, 2024	Thu	Regular Season	Guilderland High School	5:00 PM		BH-BL HS Gym		L

Date: 2025-12-06