

Coaches:

• Nate Farley, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2023	Sat	Practice (Weight Certifications @ Coxsackie-Athens High School)	N/A	9:00 AM		TBD	Departure Point: APHS Departure Time: 8:00 AM	
Nov 25, 2023	Sat	Meet (CDWOA Pete Martin Holiday Tournament)	Vs. Multiple	10:15 AM		Shen High School East Gym 1 (Main)	Departure Point: APHS Departure Time: 7:00 AM	NL
Nov 29, 2023	Wed	Regular Season	@ Ballston Spa High School	6:00 PM	7:30 PM	Ballston Spa High School Gym	Departure Point: APHS Departure Time: 4:00 PM	L
Dec 6, 2023	Wed	Regular Season	@ Schenectady High School (JV Wrestling)	6:00 PM	7:30 PM	Pat Riley Sports Center- Main Gym	Departure Point: APHS Departure Time: 4:00 PM	L
Dec 9, 2023	Sat	Meet (Ballston Spa JV Tournament)	Vs. Multiple	9:30 AM		Ballston Spa High School Gym	Departure Point: APHS Departure Time: 5:45 AM	NL
Dec 13, 2023	Wed	Regular Season	Bethlehem High School	6:00 PM		APHS Main Gymnasium		L
Dec 16, 2023	Sat	Meet (Niskayuna Tournament)	Vs. Multiple	10:00 AM		NEW GYM	Departure Point: APHS Departure Time: 6:45 AM	NL
Dec 20, 2023	Wed	Regular Season	Burnt Hills-Ballston Lake HS	6:00 PM	7:30 PM	APHS Main Gymnasium		L
Dec 23, 2023	Sat	Meet (Amsterdam Tournament)	Vs. Multiple	9:30 AM		Amsterdam High School Gym	Departure Point: APHS Departure Time: 5:45 AM	NL
Dec 27, 2023	Wed	Regular Season (Suburban Council JV Playdate)	Albany High School, Niskayuna High School, Shenendehowa High School, Schenectady High School (JV Wrestling), Columbia High School, Saratoga Springs High School, Burnt Hills-Ballston Lake HS @ Ballston Spa High School	9:00 AM		Ballston Spa High School Gym	Departure Point: APHS Departure Time: 6:15 AM	L
Jan 10, 2024	Wed	Regular Season	@ Columbia High School	6:00 PM	7:30 PM	Columbia H.S.	Departure Point: APHS Departure Time: 4:00 PM	L
Jan 18, 2024	Thu	Regular Season	Guilderland High School	6:00 PM		APHS Main Gymnasium		L
Jan 20, 2024	Sat	Meet (Guilderland Championship Tourrnament)	Vs. Multiple	9:30 AM		Guilderland High School West (Big) Gym	Departure Point: APHS Departure Time: 6:00 AM	NL

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Jan 23, 2024	Tue	Regular Season	@ Shaker High School	5:30 PM		Shaker High School- F gym	Departure Point: APHS Departure Time: 4:00 PM	L
Jan 25, 2024	Thu	Regular Season	Shenendehowa High School	6:00 PM		APHS Main Gymnasium		L
Jan 27, 2024	Sat	Meet (Bethlehem Dual Meet Tournament)	Vs. Multiple	9:00 AM		High School Gym B	Departure Point: APHS Departure Time: 6:30 AM	NL

Date: 2024-05-18