



Averill Park High School

(B) V Winter Track

Coaches:

- Zach Gobel, Head Coach
- Dick Abbatiello, Asst Coach
- Nate Luskin, Asst Coach
- Jamie Cocca, Asst Coach
- John Giannone, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2023	Sun	Meet (League Meet #1)	Vs. Multiple	8:00 AM		Union College	Departure Point: APHS Departure Time: 6:30 AM	NL
Dec 10, 2023	Sun	Meet (League Meet #2)	Vs. Multiple	8:00 AM		Hudson Valley Community College	Departure Point: APHS Departure Time: 6:30 AM	NL
Dec 16, 2023	Sat	Meet (League Meet #3)	Vs. Multiple	8:00 AM		Union College	Departure Point: APHS Departure Time: 6:30 AM	NL
Dec 16, 2023	Sat	Meet (Coaches Hall of Fame Invitational)	Vs. Multiple	8:30 AM		Armory Track	Departure Point: APHS Departure Time: 4:30 AM	NL
Dec 27, 2023	Wed	Meet (League Meet #4)	Vs. Multiple	3:00 PM		Hudson Valley Community College	Departure Point: APHS Departure Time: 2:00 PM	NL
Jan 20, 2024	Sat	Meet (All Comers Meet)	Vs. Multiple	8:00 AM		Union College	Departure Point: APHS Departure Time: 6:45 AM	NL
Jan 21, 2024	Sun	Meet (SSC Freshman Championships)	Vs. Multiple	1:30 PM		Hudson Valley Community College	Departure Point: APHS Departure Time: 12:30 PM	NL
Jan 28, 2024	Sun	Meet (Section 2 Division 2 Championships)	Vs. Multiple	8:00 AM		Union College	Departure Point: APHS Departure Time: 6:30 AM	NL
Feb 3, 2024	Sat	Meet (Section 2 Division 2 Championships (Shot Put & Weight Throw))	Vs. Multiple	1:00 PM		Koda Middle School White Gym		NL
Feb 4, 2024	Sun	Meet (Ed Cepiel Invitational)	Vs. Multiple	9:00 AM		Springfield College	Departure Point: APHS Departure Time: 7:00 AM	NL
Feb 10, 2024	Sat	Meet (Section 2 State Qualifiers)	Vs. Multiple	2:00 PM		Hudson Valley Community College	Departure Point: APHS Departure Time: 10:00 AM	NL
Feb 16, 2024	Fri	Meet (Garden State Invitational)	Vs. Multiple	2:30 PM		Ocean Breeze Athletic Complex	Departure Point: APHS Departure Time: 9:45 AM	NL

Date: 2025-12-18