



# Averill Park High School

## (B) V Winter Track

### Coaches:

- Zach Gobel, Head Coach
- Dick Abbatiello, Asst Coach
- Nate Luskin, Asst Coach
- Jamie Cocca, Asst Coach
- John Giannone, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2022	Sun	Meet (League Meet #1)	Vs. Multiple	1:45 PM		Union College	<b>Departure Point:</b> APHS <b>Departure Time:</b> 12:15 PM	NL
Dec 10, 2022	Sat	Meet (League Meet #2)	Vs. Multiple	8:00 AM		Union College	<b>Departure Point:</b> APHS <b>Departure Time:</b> 6:30 AM	NL
Dec 17, 2022	Sat	Meet (League Meet #3)	Vs. Multiple	9:00 AM		Union College	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:30 AM	NL
Dec 27, 2022	Tue	Meet (Boston Holiday Challenge)	Vs. Multiple	12:00 PM		Reggie Lewis Track and Athletic Center	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:30 AM	NL
Dec 29, 2022	Thu	Meet (League Meet #4)	Vs. Multiple	1:45 PM		Union College	<b>Departure Point:</b> APHS <b>Departure Time:</b> 12:15 PM	NL
Jan 7, 2023	Sat	Meet (League Meet #5)	Vs. Multiple	1:45 PM		Union College	<b>Departure Point:</b> APHS <b>Departure Time:</b> 12:15 PM	NL
Jan 8, 2023	Sun	Meet (Ed Cepiel Invitational)	Vs. Multiple	9:45 AM		Springfield College	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:00 AM	NL
Jan 21, 2023	Sat	Meet (U.S. Army Officials Hall of Fame Invite)	Vs. Multiple	8:45 AM		Armory Track		NL
Jan 21, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	2:00 PM		Union College	<b>Departure Point:</b> APHS <b>Departure Time:</b> 12:15 PM	NL
Jan 22, 2023	Sun	Meet (SSC Championships (shot put & weight throw))	Vs. Multiple	8:00 AM		Koda Middle School White Gym	<b>Departure Point:</b> APHS <b>Departure Time:</b> 6:15 AM	NL
Jan 28, 2023	Sat	Meet (Section 2 Division 2 Championships)	Vs. Multiple	8:00 AM		Union College	<b>Departure Point:</b> APHS <b>Departure Time:</b> 6:30 AM	NL
Feb 4, 2023	Sat	Meet (Section 2 Division 2 Championships (Shot Put & Weight Throw))	Vs. Multiple	12:30 PM		Koda Middle School White Gym	<b>Departure Point:</b> APHS <b>Departure Time:</b> 11:00 PM	NL
Feb 5, 2023	Sun	Meet (Section 2 State Qualifiers)	Vs. Multiple	3:00 PM		Hudson Valley Community College	<b>Departure Point:</b> APHS <b>Departure Time:</b> 1:45 PM	NL
Feb 7, 2023	Tue	Meet (Section 2 State Qualifiers (Shot Put & Weight Throw))	Vs. Multiple	4:45 PM		Koda Middle School White Gym	<b>Departure Point:</b> APHS <b>Departure Time:</b> 3:15 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 17, 2023	Fri	Meet (Garden State Invitational)	Vs. Multiple	2:30 PM		Ocean Breeze Athletic Complex	<b>Departure Point:</b> APHS <b>Departure Time:</b> 10:00 AM	NL

Date: 2025-12-16