



Averill Park High School

(G) V Winter Track

Coaches:

- Scott Galinski, Head Coach
- Dick Abbatiello, Asst Coach
- Scott Cocca, Asst Coach
- Ben Valentine, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2022	Sun	Meet (League Meet #1)	Vs. Multiple	1:45 PM		Union College	Departure Point: APHS Departure Time: 12:15 PM	NL
Dec 10, 2022	Sat	Meet (League Meet #2)	Vs. Multiple	8:00 AM		Union College	Departure Point: APHS Departure Time: 6:30 AM	NL
Dec 17, 2022	Sat	Meet (League Meet #3)	Vs. Multiple	9:00 AM		Union College	Departure Point: APHS Departure Time: 7:30 AM	NL
Dec 27, 2022	Tue	Meet (Boston Holiday Challenge)	Vs. Multiple	12:00 PM		Reggie Lewis Track and Athletic Center	Departure Point: APHS Departure Time: 7:30 AM	NL
Dec 29, 2022	Thu	Meet (League Meet #4)	Vs. Multiple	1:45 PM		Union College	Departure Point: APHS Departure Time: 12:15 PM	NL
Jan 7, 2023	Sat	Meet (League Meet #5)	Vs. Multiple	1:45 PM		Union College	Departure Point: APHS Departure Time: 12:15 PM	NL
Jan 8, 2023	Sun	Meet (Ed Cepiel Invitational)	Vs. Multiple	9:45 AM		Springfield College	Departure Point: APHS Departure Time: 7:00 AM	NL
Jan 21, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	7:30 AM		Union College	Departure Point: APHS Departure Time: 6:00 AM	NL
Jan 21, 2023	Sat	Meet (U.S. Army Officials Hall of Fame Invite)	Vs. Multiple	8:45 AM		Armory Track		NL
Jan 22, 2023	Sun	Meet (SSC Championships (shot put & weight throw))	Vs. Multiple	8:00 AM		Koda Middle School White Gym	Departure Point: APHS Departure Time: 6:15 AM	NL
Jan 28, 2023	Sat	Meet (Section 2 Division 2 Championships)	Vs. Multiple	8:00 AM		Union College	Departure Point: APHS Departure Time: 6:30 AM	NL
Feb 4, 2023	Sat	Meet (Section 2 Division 2 Championships (Shot Put & Weight Throw))	Vs. Multiple	12:30 PM		Koda Middle School White Gym	Departure Point: APHS Departure Time: 11:00 PM	NL
Feb 5, 2023	Sun	Meet (Section 2 State Qualifiers)	Vs. Multiple	3:00 PM		Hudson Valley Community College	Departure Point: APHS Departure Time: 3:15 PM	NL
Feb 17, 2023	Fri	Meet (Garden State Invitational)	Vs. Multiple	2:30 PM		Ocean Breeze Athletic Complex	Departure Point: APHS Departure Time: 10:00 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Mar 4, 2023	Sat	Meet (NYSPHSAA Championships)	Vs. Multiple	9:00 AM		Ocean Breeze Athletic Complex		NL

Date: 2024-05-18