



Averill Park High School

(G) V Winter Track

Coaches:

- Zach Gobel, Head Coach
- Dick Abbatiello, Asst Coach
- Nate Luskin, Asst Coach
- Jamie Cocca, Asst Coach
- John Giannone, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2019	Sat	Meet (Meet 1D)	Vs. Multiple	1:45 PM		Hudson Valley Community College	Departure Point: APHS Departure Time: 12:45 PM	NL
Dec 14, 2019	Sat	Meet (Meet 2A)	Vs. Multiple	8:00 AM		Union College	Departure Point: APHS Departure Time: 6:45 AM	NL
Dec 27, 2019	Fri	Meet (Meet 4A/4B)	Vs. Multiple	8:00 AM		Union College	Departure Point: APHS Departure Time: 6:45 AM	NL
Dec 29, 2019	Sun	Meet (Frank DiMasi Invitational)	Vs. Multiple	9:45 AM		Utica College	Departure Point: APHS Departure Time: 7:00 AM	NL
CANCELLED Jan 3, 2020	Fri	Meet (Meet 5A)	Vs. Multiple	8:00 AM		Union College	Departure Point: APHS Departure Time: 6:45 AM	NL
Jan 5, 2020	Sun	Meet (Springfield Invitational)	Vs. Multiple	9:45 AM		Springfield College	Departure Point: APHS Departure Time: 7:00 AM	NL
CANCELLED Jan 11, 2020	Sat	Meet (Meet 5F)	Vs. Multiple	1:45 PM		Union College	Departure Point: APHS Departure Time: 12:30 PM	NL
Jan 18, 2020	Sat	Meet (Meet 6C)	Vs. Multiple	8:00 AM		Hudson Valley Community College	Departure Point: APHS Departure Time: 7:00 AM	NL
Jan 18, 2020	Sat	Meet (New Balance Games)	Vs. Multiple	8:25 AM		Armory Track	Departure Point: APHS Departure Time: 5:00 AM	NL
Jan 24, 2020	Fri	Meet (Utica Invitational)	Vs. Multiple	4:00 PM		Utica College	Departure Point: APHS Departure Time: 1:00 PM	NL
Jan 26, 2020	Sun	Meet (SSC Frosh Championships)	Vs. Multiple	10:00 AM		Hudson Valley Community College	Departure Point: APHS Departure Time: 8:30 AM	NL
Feb 6, 2020	Thu	Meet (SSC Championships (throws))	Vs. Multiple	4:30 PM		Koda Middle School White Gym	Departure Point: APHS Departure Time: 3:00 PM	NL
Feb 8, 2020	Sat	Meet (SSC Championships (pole vault))	Vs. Multiple	7:00 AM		Koda Middle School White Gym	Departure Point: APHS Departure Time: 5:45 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 9, 2020	Sun	Meet (SSC Championships)	Vs. Multiple	2:00 PM		SUNY Albany	Departure Point: APHS Departure Time: 12:30 PM	NL
Feb 17, 2020	Mon	Meet (Section 2 Division 2 Championships)	Vs. Multiple	8:00 AM		SUNY Albany	Departure Point: APHS Departure Time: 6:30 AM	NL
Feb 23, 2020	Sun	Meet (Section 2 State Qualifiers)	Vs. Multiple	8:30 AM		SUNY Albany	Departure Point: APHS Departure Time: 7:00 AM	NL

Date: 2026-02-25