

Coaches:

• Wendy Glunk, Head Coach

| DATE | WEEK | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|------|---|--|---------------|-------------|---|---|----------------------------|
| Apr 18, 2024 | Thu | Regular Season | Shaker High School | 4:15 PM | 6:55 PM | APHS Track | | L |
| Apr 25, 2024 | Thu | Regular Season | @ Schenectady High School (Girls Modified Track) | 4:15 PM | 6:55 PM | Larry Mulvaney Field | Departure Point: AMS Departure Time: 2:45 PM | L |
| May 2, 2024 | Thu | Regular Season | Schenectady High School (Girls Modified Track) @ Ballston Spa High School | 4:15 PM | 6:55 PM | Ballston Spa Track | | L |
| May 9, 2024 | Thu | Regular Season | Albany High School, Colonie High School | 4:15 PM | 6:55 PM | APHS Track | | L |
| May 16, 2024 | Thu | Regular Season | @ Burnt Hills-Ballston Lake HS | 4:15 PM | 6:55 PM | BH-BL HS Track | Departure Point: AMS Departure Time: 2:45 PM | L |
| May 23, 2024 | Thu | Regular Season (Suburban Council Modified Track Play Date) | Shenendehowa High School, Bethlehem High School, Albany High School @ Shaker High School | 4:15 PM | 6:15 PM | Arthur Walker Field- Shaker High School | Departure Point: AMS Departure Time: 3:00 PM | L |

Date: 2025-12-05