



Averill Park High School

(G) V Outdoor Track

Coaches:

- Nate Luskin, Head Coach
- Dick Abbatiello, Asst Coach
- Jamie Cocco, Asst Coach
- Emily Crowley, Asst Coach
- John Giannone, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Mar 27, 2019	Wed	Regular Season	Colonie High School	4:15 PM		APHS Track	L
Apr 2, 2019	Tue	Regular Season	Troy @ Ballston Spa High School	4:15 PM		Ballston Spa Track	Departure Point: APHS Departure Time: 2:30 PM L
Apr 10, 2019	Wed	Regular Season	Columbia High School	4:15 PM		APHS Track	L
Apr 12, 2019	Fri	Meet (Niskayuna Medley Relay Challenge)	Vs. Multiple	4:00 PM		NHS Track	Departure Point: APHS Departure Time: 2:30 PM NL
Apr 17, 2019	Wed	Regular Season	@ Albany High School	4:15 PM		Albany Turf Stadium Field	Departure Point: APHS Departure Time: 2:30 PM L
Apr 20, 2019	Sat	Meet (Fleet Feet Sports Lady Eagles Invitational (Bethlehem))	Vs. Multiple	10:00 AM		High School Track	Departure Point: APHS Departure Time: 8:00 AM NL
Apr 22, 2019	Mon	Meet (Ballston Spa Throw Off)	Vs. Multiple	11:00 AM		Ballston Spa Track	Departure Point: APHS Departure Time: 9:30 AM NL
Apr 25, 2019	Thu	Meet (Penn Relays)	Vs. Multiple	12:00 PM		University of Pennsylvania	Departure Point: APHS Departure Time: 10:00 AM NL
Apr 27, 2019	Sat	Meet (Cohoes Relays)	Vs. Multiple	9:00 AM		Cohoes HS	Departure Point: APHS Departure Time: 7:30 AM NL
May 1, 2019	Wed	Regular Season	Schenectady High School (Girls Varsity Track), Burnt Hills-Ballston Lake HS	4:15 PM		APHS Track	L
May 10, 2019	Fri	Meet (Shenendehowa Invitational)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)	Departure Point: APHS Departure Time: 2:30 PM NL
May 15, 2019	Wed	Meet (SSC Championships)	Vs. Multiple	4:15 PM		BH-BL HS Track	Departure Point: APHS Departure Time: 1:30 PM NL
May 17, 2019	Fri	Meet (SSC JV Championships)	Vs. Multiple	4:15 PM		Saratoga Springs High School	Departure Point: APHS Departure Time: 2:30 PM NL
May 18, 2019	Sat	Meet (Eddy Meet)	Vs. Multiple	9:00 AM		Schenectady High School Track & Field	NL
May 22, 2019	Wed	Meet (Section 2 Group 2 Championships)	Vs. Multiple	4:00 PM	9:30 PM	APHS Track	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 30, 2019	Thu	Meet (Section 2 State Qualifiers)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)	Departure Point: APHS Departure Time: 2:15 PM	NL
May 31, 2019	Fri	Meet (Section 2 State Qualifiers)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)	Departure Point: APHS Departure Time: 2:15 PM	NL
Jun 7, 2019	Fri	Meet (NYSPHSAA Championships)	Vs. Multiple	11:00 AM		Middletown HS		NL

Date: 2026-01-22