



# Averill Park High School

## (B) V Outdoor Track

### Coaches:

- Dick Abbatiello, Asst Coach
- Zach Gobel, Asst Coach
- Jamie Cocca, Asst Coach
- Emily Crowley, Asst Coach
- John Giannone, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 1, 2023	Sat	Regular Season (FRIGID CUP INVY)	Ballston Spa High School, Bethlehem High School, Catholic Central, Troy, Christian Brothers Academy, Albany, Columbia High School, Fair Haven, Ichabod Crane, Shaker High School @ Guilderland High School	10:00 AM	3:00 PM	GHS Track	<b>Departure Point:</b> APHS <b>Departure Time:</b> 8:00 AM	NL
Apr 4, 2023	Tue	Regular Season	@ Shaker High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:45 PM	L
Apr 10, 2023	Mon	Meet (Ballston Spa Field Events Invite)	Vs. Multiple	9:30 AM		Ballston Spa Track	<b>Departure Point:</b> APHS <b>Departure Time:</b> 8:00 AM	NL
Apr 19, 2023	Wed	Regular Season	Troy @ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:30 PM	L
Apr 21, 2023	Fri	Regular Season (Niskayuna Medley Relay Challenge)	Shaker High School, Schenectady High School (Boys Varsity Track), Burnt Hills-Ballston Lake HS, Colonie High School @ Niskayuna High School	4:30 PM		Mohonasen High School	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:15 PM	NL
Apr 25, 2023	Tue	Regular Season	Columbia High School	4:15 PM	6:55 PM	APHS Track		L
Apr 27, 2023	Thu	Meet (Penn Relays)	Vs. Multiple	9:00 AM		University of Pennsylvania	<b>Departure Point:</b> APHS <b>Departure Time:</b> 10:00 AM	NL
Apr 29, 2023	Sat	Meet (Cohoes Relays)	Vs. Multiple	9:00 AM		Cohoes HS	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:30 AM	NL
May 3, 2023	Wed	Regular Season	@ Albany High School	4:15 PM	6:55 PM	Albany Turf Stadium Field	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:45 PM	L
May 5, 2023	Fri	Meet (Lansingburgh Knight at the Races)	Vs. Multiple	4:00 PM		Lansingburgh High School	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:30 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 9, 2023	Tue	Regular Season	Schenectady High School (Boys Varsity Track), Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	APHS Track		L
May 12, 2023	Fri	Meet (Shen Invy)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)	Departure Point: APHS Departure Time: 2:30 PM	NL
May 16, 2023	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	Saratoga Springs High School	Departure Point: APHS Departure Time: 2:15 PM	NL
May 18, 2023	Thu	Meet (SSC JV Championships (Troy HS))	Vs. Multiple	4:00 PM	7:55 PM	Track	Departure Point: APHS Departure Time: 2:45 PM	NL
May 20, 2023	Sat	Meet (William F. Eddy Jr. Memorial Meet)	Vs. Multiple	9:00 AM		Schenectady High School Track & Field		NL
May 24, 2023	Wed	Meet (Section 2 Group 2 Championships)	Vs. Multiple	4:00 PM	8:55 PM	APHS Track		NL
Jun 1, 2023	Thu	Meet (Section 2 State Qualifiers)	Vs. Multiple	5:00 PM		Shen High School East Stadium (Track)		NL
Jun 2, 2023	Fri	Meet (Section 2 State Qualifiers)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)	Departure Point: APHS Departure Time: 2:30 PM	NL

Date: 2025-12-16