

Coaches:

• Ben Russell, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 15, 2024	Mon	Scrimmage	@ Shaker High School	4:15 PM	5:45 PM	Shaker High School- Upper Maloy Field	Departure Point: APHS Departure Time: 3:15 PM	NL
Apr 17, 2024	Wed	Scrimmage	@ Burnt Hills-Ballston Lake HS (Modified)	4:15 PM	5:45 PM	O'Rourke MS Lacrosse Field 2	Departure Point: AMS Departure Time: 2:45 PM	NL
Apr 19, 2024	Fri	Regular Season	@ Ballston Spa High School	4:15 PM	5:45 PM	Soccer/Lacrosse #4	Departure Point: AMS Departure Time: 2:45 PM	L
Apr 24, 2024	Wed	Regular Season	@ Shenendehowa High School (Green)	5:00 PM	6:30 PM	Shen Turf Field 12	Departure Point: AMS Departure Time: 3:15 PM	L
Apr 26, 2024	Fri	Regular Season	@ Saratoga Springs High School	4:15 PM	5:45 PM	Maple Avenue Middle School	Departure Point: AMS Departure Time: 2:45 PM	L
May 1, 2024	Wed	Regular Season	Columbia High School	4:15 PM		AMS Girls Lacrosse Field		L
May 3, 2024	Fri	Regular Season	@ Bethlehem High School (Black)	4:15 PM	5:45 PM	TBD	Departure Point: AMS Departure Time: 3:00 PM	L
May 8, 2024	Wed	Regular Season	Bethlehem High School (Orange)	4:15 PM		AMS Girls Lacrosse Field		L
May 10, 2024	Fri	Regular Season	@ Albany High School	4:15 PM	5:45 PM	Myers Middle School	Departure Point: AMS Departure Time: 3:00 PM	L
May 13, 2024	Mon	Regular Season	@ Shenendehowa High School (White)	4:15 PM	5:45 PM	Shen Turf Field 13	Departure Point: AMS Departure Time: 2:45 PM	L
May 15, 2024	Wed	Regular Season	Niskayuna High School (Modified)	4:15 PM		AMS Girls Lacrosse Field		L
May 20, 2024	Mon	Regular Season	Colonie High School	4:15 PM	5:45 PM	AMS Girls Lacrosse Field		L
May 22, 2024	Wed	Regular Season	Guilderland High School (Modified)	4:15 PM	5:45 PM	AMS Girls Lacrosse Field		L
May 31, 2024	Fri	Regular Season	Troy	4:15 PM	5:45 PM	AMS Girls Lacrosse Field		L

Date: 2024-05-17