

Coaches:

• Kelsey Ryan, Head Coach

WEEK			START	END_			LEAGUE /
DAY	TYPE	OPPONENTS	TIME	TIME	LOCATION	TRANSPORTATION	NON- LEAGUE
					- · · · · · · · ·	Departure Point:	
Tue	Scrimmage	@ Schuylerville	4:30 PM			_	NL
					()	2:30 PM	
Tue	Regular Season						L
			7			Departure Point:	
Fri	Regular Season	@ Burnt Hills- Ballston Lake HS	1:00 PM		BH-BL HS Centennial Field		L
						11:15 AM	
Tue	Regular Season	@ Ballston Spa High School	4:15 PM	6:15 PM	Soccer/Lacrosse #3	Departure Point:	
						Departure Time:	L
	Dogular	Guildorland High	1.15	6:15	ADUS IVI seresse	2:30 PM	
Thu	Season	School	PM	PM	Field		L
	t Regular Season	@ Columbia High School	10:00 AM		Nicholas Budnowski Field - Columbia H.S.	Departure Point:	
Sat						Departure Time:	NL
Тид	110	@ Shenendehowa High School	4:15 PM	6:15 PM	Shan Turf Field 12	APHS	ı
140					Offerr Farr Field 12		_
		@ Saratoga				Departure Point:	
Thu		Springs High	4:15 PM	6:15 PM			L
		School				2:30 PM	
Sat	Regular Season	Niskayuna High School	11:00 AM				L
	Coacon	3011001	7 (IVI		1100	Departure Point:	
Mon	Regular	@ South Glens	5:00 PM		SGFHS - Turf Stadium	APHS	NL
	Ocason	i diis				2:30 PM	
Thu	Regular Season	Columbia High	4:15 PM				L
Thu	Regular		4:15				1
TTIU	Season		PM				L
Sat	Regular Season	Colonie High School	11:00 AM	1:00 PM	Field		L
						Departure Point:	
Mon		@ Emma Willard			Emma Willard School	APHS Departure Time:	NL
						3:15 PM	
Tue	Regular Season	LaSalle Institute	4:30 PM	6:10 PM	APHS JV Lacrosse Field		NL
Thu	Regular Season	@ Albany High School	4:15 PM		Albany Turf Stadium Field	Departure Point:	
							L
						3:00 PM	
	Regular Season	@ Hoosick Falls	4:30 PM	6:10	High School	Departure Point: APHS	
Mon				PM		Departure Time:	NL
	Tue Tue Fri Tue Thu Sat Thu Sat Mon Thu Sat Mon Thu	Tue Scrimmage Tue Regular Season Fri Regular Season Tue Regular Season Thu Regular Season Tue Regular Season Tue Regular Season Tue Regular Season Thu Regular Season Thu Regular Season Thu Regular Season Mon Regular Season Thu Regular Season The Regular Season The Regular Season The Regular Season The Regular Season	Tue Scrimmage @ Schuylerville Tue Regular Shaker High Scason School Fri Regular Ballston Lake HS Tue Regular Guilderland High School Thu Regular Guilderland High School Sat Regular Golumbia High School Tue Regular Ballston Spa High School Tue Regular Guilderland High School Sat Regular Golumbia High School Tue Regular Ballston Spa High School Tue Regular Guilderland High School Sat Regular School Thu Regular Season School Mon Regular Season School Thu Regular Columbia High School Thu Regular Columbia High School Thu Regular Colonie High Scason School Thu Regular Season School Mon Regular Colonie High Scason Mon Regular Colonie High Scason Troy Sat Regular Colonie High School Mon Regular Balls Institute Thu Regular @ Albany High School	Tue Scrimmage @ Schuylerville 4:30 PM Tue Regular Shaker High 11:00 AM Fri Regular @ Burnt Hills- 1:00 PM Tue Regular @ Ballston Spa High School PM Tue Regular Guilderland High 4:15 PM Sat Regular @ Columbia High School PM Tue Regular @ Shenendehowa 4:15 High School PM Tue Regular @ Shenendehowa 4:15 PM Sat Regular @ Saratoga Springs High School PM Sat Regular Wiskayuna High 11:00 AM Mon Regular @ South Glens 5:00 PM Thu Regular Columbia High 4:15 PM Sat Regular Troy PM Sat Regular Columbia High 4:15 PM Sat Regular Columbia High 4:15 PM Thu Regular Columbia High 4:15 PM Thu Regular Columbia High 4:15 PM Thu Regular Colonie High 11:00 AM Mon Regular Colonie High 11:00 AM Mon Regular Colonie High 11:00 AM Mon Regular Colonie High 11:00 AM Tue Regular Colonie High 11:00 AM Regular Colonie High 11:00 AM Tue Regular Colonie High 11:00 AM Tue Regular Colonie High 11:00 AM Thu Regular Colonie Hi	Tue Scrimmage @ Schuylerville 4:30 PM Tue Regular Shaker High School 11:00 1:00 AM PM Fri Regular @ Burnt Hills- 1:00 PM Tue Regular @ Ballston Lake HS PM Tue Regular Guilderland High School PM PM Thu Regular @ Columbia High 10:00 11:45 AM AM AM Tue Regular @ Shenendehowa 4:15 6:15 PM PM Tue Regular @ Shenendehowa 4:15 6:15 PM PM Thu Regular @ Saratoga Springs High School PM PM Thu Regular School PM PM PM Sat Regular School PM PM PM Thu Regular School PM PM PM Thu Regular Columbia High 4:15 6:15 PM PM Thu Regular School PM PM PM Thu Regular Columbia High 4:15 6:15 PM PM Thu Regular Colonie High 11:00 1:00 PM PM Sat Regular Colonie High 11:00 1:00 AM PM Thu Regular Colonie High 11:00 PM PM	Tue Scrimmage @ Schuylerville 4:30 PM School (turf) Tue Regular Shaker High School 11:00 APHS JV Lacrosse Season School AM PM Field Fri Regular Ballston Lake HS PM Field Tue Regular Season Ballston Spa High School PM PM Field Tue Regular Guilderland High School PM PM Field Sat Regular Season School PM PM Field School PM PM Field Sat Regular Guilderland High School PM PM Field - Columbia H.S. Tue Regular Guilderland High School PM PM Field - Columbia H.S. Tue Regular Guilderland High School PM PM Field - Columbia H.S. Tue Regular Guilderland High School PM PM Field - Columbia H.S. Tue Regular Guilderland High School PM PM School School PM PM PM Field - Columbia H.S. Tue Regular Guilderland High School PM PM School School School PM PM PM Field - Columbia H.S. Tue Regular Springs High School PM PM School School School School PM PM PM Field Turf Field 12 Thu Regular Season School PM PM School PM PM School School PM PM PM Field Turf Season Falls PM PM Field School PM PM Field Thu Season School PM PM Field Fie	Tue Scrimmage @ Schuylerville

DATE	WEEK DAY TYPE	OPPONENTS STA	RT END E TIME LOCATION	LEAGUE / TRANSPORTATION NON- LEAGUE
May 15, 2024	Wed Regular Season	@ Bethlehem High 4:15 School PM	6:15 Area 10 (Elm Ave PM Entrance)	Departure Point: APHS Departure Time: 2:30 PM

Date: 2025-12-05