

## Coaches:

• Gordon Kaedy, Head Coach

| DATE         | WEEK<br>DAY | TYPE                        | OPPONENTS   | START<br>TIME | END<br>TIME | LOCATION   | TRANSPORTATION | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|-----------------------------|---|---------------|-------------|--|----------------|----------------------------|
| Sep 18, 2024 | Wed         | Regular Season              | Guilderland High<br>School @ Shaker<br>High School  | 4:30<br>PM    | 6:10<br>PM  | The Crossings  |                | L                          |
| Sep 25, 2024 | Wed         | Regular Season              | Shenendehowa High<br>School, Saratoga<br>Springs High School,<br>Ballston Spa High<br>School, Colonie High<br>School @ Christian<br>Brothers Academy,<br>Albany | 4:30<br>PM    | 6:10<br>PM  | TBD  |                | L                          |
| Oct 9, 2024  | Wed         | Regular Season              | Bethlehem High<br>School, Christian<br>Brothers Academy,<br>Albany @ Columbia<br>High School  | 4:30<br>PM    | 6:10<br>PM  | Cross Country<br>B&G - Schodack<br>Island State Park |                | L                          |
| Oct 16, 2024 | Wed         | Regular Season              | Niskayuna High<br>School (Modified),<br>Burnt Hills-Ballston<br>Lake HS @<br>Shenendehowa High<br>School  | 4:30<br>PM    | 6:10<br>PM  | Saratoga Spa<br>State Park                           |                | L                          |
| Oct 22, 2024 | Tue         | Regular Season              | Albany High School,<br>Schenectady High<br>School (Modified)  | 4:30<br>PM    | 6:10<br>PM  | APHS Cross<br>Country Course                         |                | L                          |
| Oct 26, 2024 | Sat         | Meet (SSC<br>Championships) | Vs. Multiple  | 9:00<br>AM    |             | Saratoga Spa<br>State Park                           |                | NL                         |

Date: 2024-05-20