



Averill Park High School

(B) MOD9 Cross Country

Coaches:

- Tara Arsenault, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 18, 2021	Sat	Meet (Queensbury-Adirondack Classic Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Queensbury HS	Departure Point: AMS Departure Time: 7:00 AM	NL
Sep 22, 2021	Wed	Regular Season	Schenectady High School (Modified), Christian Brothers Academy, Albany, Saratoga Springs High School	4:15 PM	5:55 PM	APHS Cross Country Course		L
Sep 29, 2021	Wed	Regular Season	Colonie High School @ Shenendehowa High School	4:15 PM	5:55 PM	Shen Cross Country Trail	Departure Point: AMS Departure Time: 2:30 PM	L
Oct 2, 2021	Sat	Meet (Guilderland International Invitational)	Vs. Multiple	9:00 AM	2:00 PM	Tawasentha Park	Departure Point: AMS Departure Time: 7:00 AM	NL
Oct 6, 2021	Wed	Regular Season	Guilderland High School @ Shaker High School	5:00 PM	6:15 PM	Shaker Middle School	Departure Point: AMS Departure Time: 3:45 PM	L
Oct 13, 2021	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Niskayuna High School (Modified), Christian Brothers Academy, Albany @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course	Departure Point: AMS Departure Time: 2:45 PM	L
Oct 20, 2021	Wed	Regular Season	Ballston Spa High School, Bethlehem High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	BH- BL HS	Departure Point: AMS Departure Time: 2:30 PM	L
Oct 22, 2021	Fri	Meet (Rensselaer County Meet)	Vs. Multiple	3:30 PM	6:30 PM	Grafton State Park	Departure Point: AMS Departure Time: 2:00 PM	NL
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	12:00 PM	2:55 PM	Saratoga Spa State Park	Departure Point: aphs Departure Time: 10:15 AM	NL

Date: 2025-12-17