



# Averill Park High School

## (B) V Cross Country

### Coaches:

- Wendy Glunk, Head Coach
- Gordon Kaedy, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 4, 2021	Sat	Regular Season	Albany High School, Amsterdam, Colonie High School, Columbia High School, Amherst, Canajoharie, Shaker High School, Schenectady High School, LaSalle Institute, Voorheesville, Ballston Spa High School, Rome Free Academy, Queensbury, Shenendehowa High School @ Niskayuna High School	9:30 AM		Iroquois Middle School-Niskayuna	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:30 AM	L
Sep 11, 2021	Sat	Meet (Voorheesville Blackbird Invitational)	Vs. Multiple	9:00 AM	12:30 PM	Wallace Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:30 AM	NL
Sep 14, 2021	Tue	Regular Season	Ballston Spa High School, Bethlehem High School @ Burnt Hills-Ballston Lake HS	5:00 PM		Saratoga Spa State Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:45 PM	L
Sep 18, 2021	Sat	Meet (Queensbury-Adirondack Classic Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Queensbury HS	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:15 AM	NL
Sep 21, 2021	Tue	Regular Season 20-15-20-0 L	Schenectady High School, Christian Brothers Academy, Albany, Saratoga Springs High School	4:15 PM	5:55 PM	Schodack Island State Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:15 PM	L
Sep 25, 2021	Sat	Meet (South Glens Falls John Killian "K-DAWG" Memorial Invitational)	Vs. Multiple	9:00 AM	12:00 PM	Moreau Recreational Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:15 AM	NL
Sep 28, 2021	Tue	Regular Season	Columbia High School, Colonie High School @ Shenendehowa High School	4:15 PM	5:55 PM	Shen Cross Country Trail	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:30 PM	L
Oct 2, 2021	Sat	Regular Season (GUILDERLAND INVY)	Colonie High School, Berlin, Chatham, Duanesburg, Maple Hill @ Guilderland High School	9:00 AM		Tawasentha Park	<b>Departure Point:</b> APHS	L
Oct 5, 2021	Tue	Regular Season	Guilderland High School @ Shaker High School	4:15 PM	5:55 PM	The Crossings	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:30 PM	L
Oct 9, 2021	Sat	Meet (Manhattan Invitational)	Vs. Multiple	9:05 AM	2:00 PM	Van Cortlandt Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 5:15 AM	NL

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Oct 12, 2021	Tue	Regular Season	Troy, Niskayuna High School @ Albany High School	4:30 PM	5:55 PM	Capital Hills Golf Course	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:30 PM	L
Oct 22, 2021	Fri	Meet (Rensselaer County Meet)	Vs. Multiple	3:30 PM	6:30 PM	Grafton State Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:00 PM	NL
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM	4:55 PM	Saratoga Spa State Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 10:15 AM	NL
Nov 5, 2021	Fri	Meet (Section 2 Championships)	Vs. Multiple	11:00 AM	3:00 PM	Saratoga Spa State Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 8:45 AM	NL

Date: 2025-12-19