



Averill Park High School

(G) V Cross Country

Coaches:

- Wendy Glunk, Head Coach
- Gordon Kaedy, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2025	Tue	Regular Season	Guilderland High School, Bethlehem High School @ Schenectady High School	4:15 PM	5:55 PM	Central Park	Departure Point: APHS Departure Time: 2:30 PM	L
Sep 6, 2025	Sat	Meet (Blackbird Invitational)	Vs. Multiple	9:00 AM	12:40 PM	New Scotland Town Park	Departure Point: APHS Departure Time: 7:00 AM	NL
Sep 9, 2025	Tue	Regular Season	Niskayuna High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park	Departure Point: APHS Departure Time: 2:30 PM	L
Sep 13, 2025	Sat	Meet (Queensbury-Adirondack Classic Invitational)	Vs. Multiple	9:00 AM	2:55 PM	Queensbury HS	Departure Point: APHS Departure Time: 9:15 AM	NL
Sep 16, 2025	Tue	Regular Season	Colonie High School, Ballston Spa High School, Saratoga Springs High School	4:15 PM	5:55 PM	Schodack Island State Park	Departure Point: APHS Departure Time: 2:30 PM	L
Sep 27, 2025	Sat	Meet (Ocean State Invitational)	Vs. Multiple	8:45 AM	3:55 PM	Goddard Memorial State Park	Departure Point: APHS Departure Time: 8:00 AM	NL
Sep 30, 2025	Tue	Regular Season	Columbia High School @ Shaker High School	4:15 PM	5:55 PM	Colonie Mohawk River Town Park	Departure Point: APHS Departure Time: 2:30 PM	L
Oct 4, 2025	Sat	Meet (Grout Invitational)	Vs. Multiple	9:00 AM	1:15 PM	Central Park	Departure Point: APHS Departure Time: 7:30 AM	NL
Oct 7, 2025	Tue	Regular Season	Shenendehowa High School @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course	Departure Point: APHS Departure Time: 2:30 PM	L
Oct 11, 2025	Sat	Meet (Burnt Hills Invitational)	Vs. Multiple	9:00 AM	3:55 PM	Saratoga Spa State Park	Departure Point: APHS Departure Time: 7:00 AM	NL
Oct 17, 2025	Fri	Meet (Rensselaer County Meet)	Vs. Multiple	3:30 PM	5:55 PM	Grafton State Park	Departure Point: APHS Departure Time: 1:15 PM	NL
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:25 PM	Saratoga Spa State Park	Departure Point: APHS Departure Time: 10:00 AM	NL
Nov 8, 2025	Sat	Meet (Section 2 Championships)	Vs. Multiple	11:00 AM	2:55 PM	Queensbury HS	Departure Point: APHS Departure Time: 8:00 AM	NL
Nov 15, 2025	Sat	Meet (NYSPHSAA Championships)	Vs. Multiple	9:00 AM		Queensbury HS	Departure Point: APHS Departure Time: 6:15 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 22, 2025	Sat	Meet (NYS Federation Championship)	Vs. Multiple	12:00 PM		Bowdoin Park		NL

Date: 2025-12-05