

Coaches:

- Wendy Glunk, Head Coach
- Tara Arsenault, Asst Coach
- Larry Quinn, Asst Coach

DATE	WEEK	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 3, 2020	Sat	Regular Season	@ Troy	9:00 AM	10:40 AM	CBA, Albany	Departure Point: APHS Departure Time: 7:45 AM	L
Oct 14, 2020	Wed	Regular Season	@ Columbia High School	5:30 PM	6:40 PM	Cross Country B&G - Schodack Island State Park	Departure Point: APHS Departure Time: 2:30 PM	L
Oct 17, 2020	Sat	Regular Season	Ballston Spa High School	9:00 AM	10:40 AM	APHS Cross Country Course		L
Oct 24, 2020	Sat	Regular Season 43-20 L	@ Colonie High School	9:00 AM	10:40 AM	The Crossings of Colonie	Departure Point: APHS Departure Time: 10:45 AM	L
Oct 31, 2020	Sat	Regular Season	Schenectady High School	9:00 AM	10:40 AM	APHS Cross Country Course		L
Nov 7, 2020	Sat	Regular Season	@ Bethlehem High School	9:00 AM	10:40 AM	Elm Avenue Park	Departure Point: APHS Departure Time: 7:45 AM	L
CANCELLED Nov 14, 2020	Sat	Regular Season	Albany High School	9:00 AM	10:40 AM	APHS Cross Country Course		L

Date: 2024-04-23