



Averill Park High School

(G) V Cross Country

Coaches:

- Wendy Glunk, Head Coach
- Tara Arsenault, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2019	Sat	Meet (Voorheesville Blackbird Invitational)	Vs. Multiple	9:00 AM		Wallace Park	Departure Point: APHS Departure Time: 7:15 AM	NL
Sep 10, 2019	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Niskayuna High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park	Departure Point: APHS Departure Time: 2:30 PM	L
Sep 14, 2019	Sat	Meet (Queensbury Adirondack Classic Invitational)	Vs. Multiple	9:00 AM		Queensbury HS	Departure Point: APHS Departure Time: 7:00 AM	NL
Sep 17, 2019	Tue	Regular Season	Schenectady High School, Columbia High School, Troy	4:15 PM	5:55 PM	Schodack Island State Park	Departure Point: APHS Departure Time: 2:30 PM	L
Sep 21, 2019	Sat	Meet (Guilderland Invitational)	Vs. Multiple	9:00 AM		Tawasentha Park	Departure Point: APHS Departure Time: 8:00 AM	NL
Sep 24, 2019	Tue	Regular Season	Shenendehowa High School @ Colonie High School	4:15 PM	5:55 PM	The Crossings of Colonie	Departure Point: APHS Departure Time: 2:30 PM	L
Sep 28, 2019	Sat	Meet (Ocean State Invitational)	Vs. Multiple	8:45 AM		Goddard Park	Departure Point: APHS Departure Time: 10:30 AM	NL
Oct 2, 2019	Wed	Regular Season	Saratoga Springs High School, Albany High School @ Ballston Spa High School	4:15 PM	5:55 PM	Saratoga Spa State Park	Departure Point: APHS Departure Time: 2:30 PM	L
Oct 12, 2019	Sat	Meet (Manhattan Invitational)	Vs. Multiple	9:05 AM		Van Cortlandt Park	Departure Point: APHS Departure Time: 5:00 AM	NL
Oct 15, 2019	Tue	Regular Season	Shaker High School @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park	Departure Point: APHS Departure Time: 2:30 PM	L
Oct 18, 2019	Fri	Meet (Rensselaer County Meet)	Vs. Multiple	3:30 PM		Grafton State Park	Departure Point: APHS Departure Time: 2:30 PM	NL
Oct 26, 2019	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park	Departure Point: APHS Departure Time: 11:00 AM	NL
Nov 4, 2019	Mon	Meet (Section 2 Championships)	Vs. Multiple	11:00 AM		Saratoga Spa State Park	Departure Point: APHS Departure Time: 9:00 AM	NL
Nov 16, 2019	Sat	Meet (NYSPHSAA Championships)	Vs. Multiple	9:00 AM		SUNY Plattsburgh		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 23, 2019	Sat	Meet (NYS Federation Championships)	Vs. Multiple	12:45 PM		Bowdoin Park		NL

Date: 2024-05-18