



# Averill Park High School

## (G) V Cross Country

### Coaches:

- Wendy Glunk, Head Coach
- Tara Arsenault, Asst Coach
- Larry Quinn, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2023	Sat	Meet (Niskayuna Ekiden)	Vs. Multiple	9:30 AM		Iroquois Middle School	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:45 AM	NL
Sep 12, 2023	Tue	Regular Season	Shaker High School, Troy @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:30 PM	L
Sep 23, 2023	Sat	Meet (Queensbury-Adirondack Classic Invitational)	Vs. Multiple	9:00 AM		Queensbury HS	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:15 AM	NL
Oct 3, 2023	Tue	Regular Season	Schenectady High School @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:30 PM	L
Oct 10, 2023	Tue	Regular Season	Columbia High School @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:30 PM	L
Nov 4, 2023	Sat	Meet (Section 2 Championships)	Vs. Multiple	11:00 AM		Queensbury HS	<b>Departure Point:</b> APHS <b>Departure Time:</b> 10:15 AM	NL

Date: 2024-04-20