



# Averill Park High School

## (G) V Wrestling

### Coaches:

- Hana Askren, Head Coach
- Shanon Groncki, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 22, 2025	Sat	Practice (Weight Certifications @ Shenendehowa)	N/A	2:40 PM		TBD	<b>Departure Point:</b> APHS <b>Departure Time:</b> 1:30 PM	
Nov 29, 2025	Sat	Scrimmage	@ Hoosick Falls	10:00 AM	11:40 PM	Hoosick Falls HS	<b>Departure Point:</b> APHS <b>Departure Time:</b> 8:45 AM	NL
Dec 3, 2025	Wed	Regular Season 9-44 L	@ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	6:00 PM	7:55 PM	NHS Blatnick Gym	<b>Departure Point:</b> AMS <b>Departure Time:</b> 4:00 PM	L
Dec 9, 2025	Tue	Regular Season	Bethlehem High School	6:00 PM	7:55 PM	APHS Main Gymnasium		L
Dec 11, 2025	Thu	Regular Season	Columbia High School	6:00 PM	7:55 PM	APHS Main Gymnasium		L
Dec 13, 2025	Sat	Meet (Salem-Cambridge Round Robin Invitational)	Vs. Multiple	9:30 AM		Cambridge High School	<b>Departure Point:</b> APHS <b>Departure Time:</b> 6:00 AM	NL
Dec 17, 2025	Wed	Regular Season	@ Colonie High School	6:00 PM	7:55 PM	Colonie High School PIT (Secondary Gymnasium)	<b>Departure Point:</b> AMS <b>Departure Time:</b> 4:00 PM	L
Dec 19, 2025	Fri	Regular Season (Holiday Headlocks Tournament)	Amsterdam, Salem (Salem-Cambridge), Shaker High School, Berlin, Bethlehem High School, Guilderland High School, Hoosick Falls, Colonie High School, Dolgeville, Cairo-Durham, Lake George (Warrensburg-Lake George Girls Wrestling), Watervliet (Watervliet), TBD @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	5:30 PM		NHS Blatnick Gym		NL
Dec 19, 2025	Fri	Meet (Holiday Headlocks Tournament)	Vs. Multiple	5:30 PM		Niskayuna High School	<b>Departure Point:</b> APHS <b>Departure Time:</b> 2:30 PM	NL
Dec 27, 2025	Sat	Scrimmage (Play Date)	Watervliet (Watervliet), TBD @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	10:00 AM		Niskayuna High School		NL
Dec 29, 2025	Mon	Meet (Coxsackie-Athens Tournament)	Vs. Multiple	9:00 AM		Coxsackie-Athens HS	<b>Departure Point:</b> APHS <b>Departure Time:</b> 6:00 AM	NL
Jan 7, 2026	Wed	Regular Season	@ Shenendehowa High School	6:00 PM	7:55 PM	Shen High School East Gym 1 (Main)	<b>Departure Point:</b> AMS <b>Departure Time:</b> 4:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 10, 2026	Sat	Meet (Kristie Stenglein-Davis Tournament)	Vs. Multiple	10:15 AM		Colonie High School MUG (Main Gymnasium)	<b>Departure Point:</b> APHS <b>Departure Time:</b> 7:00 AM	NL
Jan 16, 2026	Fri	Regular Season	@ Guilderland High School	6:00 PM	7:55 PM	Guilderland High School East Gym	<b>Departure Point:</b> AMS <b>Departure Time:</b> 4:00 PM	L
Jan 18, 2026	Sun	Meet (Dames and Devils Scramble Tournament)	Vs. Multiple	9:00 AM		Columbia H.S.	<b>Departure Point:</b> APHS <b>Departure Time:</b> 6:30 AM	NL
Jan 21, 2026	Wed	Regular Season	Burnt Hills-Ballston Lake HS	6:00 PM	7:55 PM	APHS Main Gymnasium		L
Jan 25, 2026	Sun	Meet (Queen Bison Invitational)	Vs. Multiple	9:30 AM		Shaker High School	<b>Departure Point:</b> APHS <b>Departure Time:</b> 6:30 AM	NL
Jan 29, 2026	Thu	Regular Season	Shaker High School	6:00 PM	7:55 PM	APHS Main Gymnasium		L
Feb 8, 2026	Sun	Meet (Section 2 Class 1 Championships)	Vs. Multiple	TBD		Niskayuna High School		NL
Feb 16, 2026	Mon	Meet (Section 2 State Qualifiers)	Vs. Multiple	TBD		Guilderland High School		NL

Date: 2025-12-05