

## Coaches:

• Sheila Golden, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 2, 2026	Thu	Regular Season	Hudson @ Chatham	4:30 PM		Chatham HS Track		L
Apr 14, 2026	Tue	Regular Season	Taconic Hills, Watervliet	4:30 PM		Maple Hill HS		L
Apr 23, 2026	Thu	Regular Season	Hudson, Chatham, Greenville	4:30 PM	8:00 PM	Maple Hill HS		L
Apr 28, 2026	Tue	Regular Season	Cairo-Durham, Albany Leadership Charter @ Coxsackie-Athens	4:30 PM		Track (High School)		L
May 6, 2026	Wed	Regular Season	Catskill, Albany Leadership Charter @ Rensselaer	4:30 PM		High School Track		L
May 12, 2026	Tue	Regular Season	Windham-Ashland-Jewitt, Cairo- Durham @ Taconic Hills	4:30 PM		Track		L
May 20, 2026	Wed	Regular Season	Cairo-Durham, Catskill, Chatham, Greenville, Hudson, Watervliet, Albany Leadership Charter, Windham-Ashland-Jewitt, Rensselaer, Taconic Hills @ Coxsackie-Athens	4:15 PM		Track (High School)		L

Date: 2025-12-13