

Coaches:

• Sheila Golden, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 4, 2023	Tue	Regular Season	@ Watervliet	4:30 PM	Watervliet HS		L
Apr 6, 2023	Thu	Regular Season	Chatham	4:30 PM	Maple Hill HS		L
Apr 19, 2023	Wed	Regular Season	Cairo-Durham, Hudson @ Catskill	4:30 PM	Track		L
Apr 22, 2023	Sat	Regular Season	@ Stillwater	9:00 AM	Track	Departure Time: 7:00 AM	NL
Apr 25, 2023	Tue	Regular Season	Taconic Hills, Cairo- Durham, Greenville	4:30 PM	Maple Hill HS		L
Apr 29, 2023	Sat	Regular Season (Maple Hill Invitational)	TBD	9:00 AM	Maple Hill HS		L
Apr 29, 2023	Sat	Regular Season (Maple Hill Invitational)	Rensselaer	9:30 AM	Maple Hill HS		NL
Apr 29, 2023	Sat	Regular Season (Track Invitational)	Chatham	9:30 AM	Maple Hill HS		NL
Apr 29, 2023	Sat	Regular Season (Maple Hill Invitational)	Johnstown	10:00 AM	Track		NL
May 8, 2023	Mon	Regular Season	Albany Leadership Charter, TBD @ Rensselaer	4:30 PM	High School Track		L
May 10, 2023	Wed	Regular Season	Windham-Ashland- Jewitt, Taconic Hills @ Coxsackie-Athens	4:30 PM	Track		L
May 13, 2023	Sat	Regular Season	@ Middleburgh	9:30 AM	Middleburgh HS	Departure Time: 6:15 AM	NL
May 17, 2023	Wed	Regular Season (Patroon Championships)	Catskill, Cairo-Durham, Chatham, Greenville, Hudson, Taconic Hills, Watervliet, Rensselaer, Albany Leadership Charter @ Coxsackie- Athens	4:15 PM	Track	Departure Time: 2:30 PM	L
May 25, 2023	Thu	Post-Season (Sectionals)	@ Fonda-Fultonville	4:00 PM	Fonda- Fultonville HS	Departure Time: 1:30 PM	NL

Date: 2024-05-17