

Coaches:

• Amy Hirschoff, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 5, 2023	Tue	Regular Season	TBD @ Chatham	4:15 PM		Cross Country Course (Chatham HS)	Bus/Driver: Schodack	Departure Time: 2:45 PM	L
Sep 9, 2023	Sat	Regular Season (Blackbird Invitational)	@ Voorhees High School	8:30 AM		Voorhees High School		Departure Date: Sep 9, 2023 Departure Time: 6:15 AM	NL
Sep 12, 2023	Tue	Regular Season	Taconic Hills, Hawthorne Valley	4:15 PM		Maple Hill HS			L
Sep 23, 2023	Sat	Regular Season (Cross Country Invy)	High School, Minisink Valley, Hadley- Luzerne (Corinth/Hadley Luzerne), Shaker High School, Glens Falls, Chittenango, Greenville, Shenendehowa High School, Troy, Albany High School, Scotia-Glenville @ Queensbury			Queensbury HS, Trails @ Elem. School		Departure Date: Sep 23, 2023 Departure Time: 6:15 AM	NL
Sep 26, 2023	Tue	Regular Season	Greenville, Germantown, TBD	4:15 PM		Maple Hill HS			L
Sep 30, 2023	Sat	Regular Season (South Glens Falls John Killian "K-Dawg" Invitational)	@ South Glens	9:00 AM	1:00 PM	Moreau Recreational Park		Departure Date: Sep 30, 2023 Departure Time: 6:30 AM	NL
Oct 3, 2023	Tue	Regular Season	Windham- Ashland-Jewitt, Cairo-Durham, TBD			MHHS Cross Country Course			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 6, 2023	Fri	Regular Season (Kiwanis Glover Invitational)	Chatham	4:00 PM		MHHS Cross Country Course		NL
Oct 10, 2023	Tue	Regular Season	Hunter- Tannersville, TBD @ Coxsackie- Athens	4:15 PM		Coxsackie- Athens HS	Departure Time: 2:30 PM	L
Oct 14, 2023	Sat	Regular Season (Manhattan College Cross Country Invitational)	@ TBD	8:00 AM		TBD	Departure Date: Oct 14, 2023 Departure Time: 4:30 AM	L
Oct 17, 2023	Tue	Regular Season	Watervliet, TBD @ Rensselaer	4:15 PM		Cross Country Course	Departure Time: 2:45 PM	L
CANCELLED Oct 19, 2023	Thu	Regular Season	Catskill	4:15 PM		MHHS Cross Country Course		L
Oct 24, 2023	Tue	Regular Season (Patroon Championships)	Taconic Hills, Rensselaer, Chatham, Catskill, Coxsackie- Athens, Cairo- Durham, Windham- Ashland-Jewitt, Hunter- Tannersville, Hawthorne Valley, Greenville, Germantown @ TBD	3:30 PM		Schodack Island State Park	Departure Date: Oct 24, 2023 Departure Time: 2:00 PM	L
Oct 28, 2023	Sat	Regular Season (Harvest Classic Invitational Bob's Tree Farm)		10:50 AM	1:00 PM	Bob's Trees	Departure Date: Oct 28, 2023 Departure Time: 7:00 AM	NL

Date: 2025-12-05